

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Art of argumentation
Module code		DFC1_SA
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu zaznajomienie z pojęciami teorii argumentacji i teorii perswazji. Rozwija umiejętności identyfikowania wypowiedzi argumentacyjnych, standaryzacji argumentów, ich rozbioru i oceny pod względem logicznym. Ukazuje szerszy proces zmiany postaw i przekonań dokonujący się w kontekście komunikacji społecznej. Moduł przygotowuje do samodzielnego aplikowania wiedzy teoretycznej. Osoby studiujące rozpoznają typowe błędy logiczne i techniki manipulacyjne, co kształtuje ich zdolność krytycznego myślenia, umiejętność sprawnego dyskusowania, w tym obrony swojego stanowiska i podważania argumentów strony przeciwnej, rozumienia struktury dyskusji i jej dynamiki. Omawiane zagadnienia ukazane są na tle szerszej refleksji na temat roli, jaką odgrywa w naszej kulturze społeczne podejmowanie decyzji oparte o metodyczne prowadzenie sporów, racjonalne kształtowanie przekonań, otwartość na krytykę własnych poglądów i właściwie pojętą tolerancję wobec odmiennych opinii.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_SA_1	Zna pojęcia i teorie dotyczące argumentacji i perswazji.	DFC1_W01	4	
		DFC1_W04	4	
		DFC1_W05	4	
DFC1_SA_2	Potrafi analizować komunikaty w świetle pojęć i teorii argumentacji.	DF1_U01	5	
DFC1_SA_3	Potrafi odróżnić perswazję od manipulacji, w tym rozpoznać typowe techniki manipulacji.	DF1_U04	5	
DFC1_SA_4	Rozumie rolę racjonalnego podejmowania decyzji w kontekście społeczno-kulturowym, wymiany i ścierania się odmiennych racji i poglądów w debacie publicznej.	DFC1_U13	3	
		DFC1_W01	3	
		DFC1_W11	3	
DFC1_SA_5	Potrafi być otwartym na krytykę własnych poglądów i właściwie pojętą tolerancję wobec odmiennych opinii.	DF1_K02	4	
		DF1_U03	3	

DFC1_SA_6	Potrafi sprawnie dyskutować oraz rozumie strukturę dyskusji i jej dynamikę.	DF1_U05 DF1_U07	3 4
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9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SA_ćw	practical classes	30	course work	DFC1_SA_1, DFC1_SA_2, DFC1_SA_3, DFC1_SA_4, DFC1_SA_5, DFC1_SA_6	b04, b07, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes

b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

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5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Bachelor seminar 1
Module code		DFC1_SL1
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł poświęcony na pracę związaną z przygotowaniem prac licencjackich pod kątem wstępnego opracowania tematów i struktury prac, określenia stosowanej metodologii, zakreszenia obszaru badawczego. Studiujący rozwijają wiedzę z zakresu związanego z tematem przygotowywanej pracy oraz umiejętności związane z doskonaleniem warsztatu badawczego, ustną prezentacją materiału, warsztatem pisania prac naukowych w języku polskim oraz korzystaniem z opracowań naukowych w języku polskim i obcym. Zapoznają się z przepisami dotyczącymi praw autorskich i własności intelektualnej oraz technikami komputerowymi pomocnymi w prowadzeniu badań.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_SL1_1	Ma wiedzę o przedmiocie i metodologii badań pozwalającą na określenie tematyki pracy licencjackiej oraz technikach komputerowych pomocnych w prowadzeniu badań.	DFC1_W02	3	
DFC1_SL1_2	Ma umiejętność pisania prac w języku polskim o charakterze naukowym, w tym prawidłowego edytowania tekstów.	DF1_U10	3	
DFC1_SL1_3	W aktywności naukowej pod opieką promotora potrafi posługiwać się wybranymi metodami badań w celu przygotowania projektu pracy licencjackiej.	DF1_K03 DF1_U01	3 3	
DFC1_SL1_4	Rozumie normy z zakresu ochrony praw autorskich i własności intelektualnej.	DF1_K01 DF1_U02 DFC1_W07	3 3 3	
DFC1_SL1_5	Potrafi prawidłowo wyszukiwać oraz analizować źródła pisane i elektroniczne w języki polskim i języku obcym w celu przygotowania pracy o charakterze naukowym.	DF1_U09	3	
DFC1_SL1_6	Umiejętnie określa cele i planuje realizację badań własnych pod opieką promotora.	DF1_K02 DF1_K04 DF1_U06	3 3 4	

9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b05	Problem-solving methods	Activating method – seminar / proseminar <i>a seminar method; usually an oral presentation of a previously studied/diagnosed problem delivered on a forum; it aims at provoking a discussion concerning the results of research work; a type of conference, course or training session modelled on seminar classes</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SL1_s	seminar	16	course work	DFC1_SL1_1, DFC1_SL1_2, DFC1_SL1_3, DFC1_SL1_4, DFC1_SL1_5, DFC1_SL1_6	b04, b05, b07

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No

b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	No

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

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5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Bachelor seminar 2
Module code		DFC1_SL2
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Moduł poświęcony na pracę związaną z przygotowaniem prac licencjackich pod kątem dalszego opracowania tematów i struktury prac, określenia stosowanej metodologii, zakreszenia obszaru badawczego. Studiujący pogłębiają wiedzę z zakresu związanego z tematem przygotowywanej pracy oraz umiejętności związane z doskonaleniem warsztatu badawczego, ustną prezentacją materiału, warsztatem pisania prac naukowych w języku polskim oraz korzystaniem z opracowań naukowych w języku polskim i obcym. Zapoznają się z praktycznym stosowaniem przepisów dotyczących praw autorskich i własności intelektualnej oraz technikami komputerowymi pomocnymi w prowadzeniu badań.
List of modules that must be completed before starting this module (if necessary)		[DFC1_SL1] Bachelor seminar 1

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_SL2_1	Ma wiedzę o przedmiocie i metodologii badań związanych z tematyką pracy licencjackiej pozwalającą na realizację badań pod opieką promotora.	DFC1_W02	4	
DFC1_SL2_2	Ma umiejętność pisania prac w języku polskim o charakterze naukowym.	DF1_U10	4	
DFC1_SL2_3	W aktywności naukowej pod opieką promotora potrafi posługiwać się wybranymi metodami badań pozwalającymi na realizowanie projektu pracy licencjackiej.	DF1_K03 DF1_U01	4 4	
DFC1_SL2_4	Potrafi rozpoznawać sytuacje, w których mają zastosowanie normy w zakresie ochrony praw autorskich i własności intelektualnej.	DF1_K01 DF1_U02 DFC1_W07	4 4 4	
DFC1_SL2_5	Potrafi korzystać ze źródeł pisanych i elektronicznych oraz właściwych technik komputerowych pisząc pracę o charakterze naukowym w języku polskim lub języku obcym.	DF1_U09	4	
DFC1_SL2_6	Potrafi monitorować prowadzenie badań własnych i uczestniczyć w debacie naukowej z użyciem fachowej terminologii właściwej dla tematyki realizowanej pracy.	DF1_K02 DF1_K04	4 4	

		DF1_U04	4
		DF1_U06	4

9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b05	Problem-solving methods	Activating method – seminar / proseminar <i>a seminar method; usually an oral presentation of a previously studied/diagnosed problem delivered on a forum; it aims at provoking a discussion concerning the results of research work; a type of conference, course or training session modelled on seminar classes</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SL2_s	seminar	30	course work	DFC1_SL2_1, DFC1_SL2_2, DFC1_SL2_3, DFC1_SL2_4, DFC1_SL2_5, DFC1_SL2_6	b04, b05, b07

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes

b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	No

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5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Bachelor seminar 3
Module code		DFC1_SL3
Number of the ECTS credits		9
Language of instruction		
Purpose and description of the content of education		Moduł poświęcony jest na pracę związaną z finalizacją projektu pracy licencjackiej, w tym końcowego opracowania tematu, realizacji wybranej metodologii, wyczerpującego opracowania przedmiotu badań. Studiujący potęgują wiedzę z zakresu związanego z tematem przygotowywanej pracy oraz umiejętności związane z doskonaleniem warsztatu badawczego, ustną prezentacją materiału, warsztatem pisania prac naukowych oraz korzystaniem z opracowań naukowych w języku polskim i obcym. Stosują przepisy związane z ochroną praw autorskich i własności intelektualnej.
List of modules that must be completed before starting this module (if necessary)		[DFC1_SL1] Bachelor seminar 1 [DFC1_SL2] Bachelor seminar 2

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_SL3_1	Ma zaawansowaną wiedzę o przedmiocie i metodologii badań związanych z tematyką pracy licencjackiej.	DFC1_W02	5	
DFC1_SL3_2	Ma zaawansowaną umiejętność pisania prac o charakterze naukowym.	DF1_U10	5	
DFC1_SL3_3	W aktywności naukowej pod opieką promotora potrafi posługiwać się wybranymi metodami badań adekwatnymi do tematyki podejmowanej w realizowanym projekcie pracy licencjackiej.	DF1_K03 DF1_U01	5 5	
DFC1_SL3_4	Potrafi w praktyce stosować się do norm w zakresie ochrony praw autorskich i własności intelektualnej.	DF1_K01 DF1_U02 DFC1_W07	5 5 5	
DFC1_SL3_5	Potrafi w stopniu zaawansowanym korzystać ze źródeł pisanych i elektronicznych w języki polskim i języku obcym pisząc pracę o charakterze naukowym.	DF1_U09	5	
DFC1_SL3_6	Umiejętnie referuje wyniki badań własnych i uczestniczy w debacie naukowej z użyciem fachowej terminologii właściwej dla tematyki realizowanej pracy.	DF1_K02 DF1_K04 DF1_U04	5 5 5	

9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b05	Problem-solving methods	Activating method – seminar / proseminar <i>a seminar method; usually an oral presentation of a previously studied/diagnosed problem delivered on a forum; it aims at provoking a discussion concerning the results of research work; a type of conference, course or training session modelled on seminar classes</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SL3_s	seminar	30	course work	DFC1_SL3_1, DFC1_SL3_2, DFC1_SL3_3, DFC1_SL3_4, DFC1_SL3_5, DFC1_SL3_6	b04, b05, b07

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No

b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	No

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Basics of psychopathology
Module code		DFC1_PPP
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu zapoznanie osób studiujących z podstawami psychopatologii pod kątem rozwinięcia zdolności rozpoznawania sytuacji, w których coach lub doradca filozoficzny nie jest w stanie pomóc osobom dotkniętym zaburzeniami psychicznymi. Osoby studiujące mają rozwinąć dzięki temu umiejętność identyfikowania granic własnych kompetencji, wiedzę o sytuacjach wymagających interwencji specjalistów z zakresu ochrony zdrowia i życia.
List of modules that must be completed before starting this module (if necessary)		[DFC1_PEIM] Psychology of emotions and motivation [DFC1_PO] General psychology [DFC1_PS] Social psychology

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_PP_1	Ma wiedzę o normie, podstawowych typach i symptomatologii zaburzeń zdrowia psychicznego.	DFC1_W04	3	
		DFC1_W11	3	
DFC1_PP_2	Potrafi rozpoznać granice zasadnego stosowania metod pracy coacha i doradcy filozoficznego.	DF1_K02	5	
		DF1_U01	3	
DFC1_PP_3	Zna symptomy wskazujące na konieczność udzielenia pomocy przez innych specjalistów.	DF1_K03	5	
		DFC1_W10	3	
DFC1_PP_4	Ma świadomość odpowiedzialności związanej z sytuacjami występowania przemocy lub zagrożenia życia oraz zna procedury, które jako coach i doradca filozoficzny musi zastosować.	DF1_K01	5	
		DFC1_W06	4	
		DFC1_W07	4	

9.	Methods of conducting classes		
	Code	Category	Name (description)
	b04	Problem-solving methods	Activating method – discussion / debate

		an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem
b07	Problem-solving methods	Activating methods: a case study a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_PPP_kon	discussion classes	30	course work	DFC1_PP_1, DFC1_PP_2, DFC1_PP_3, DFC1_PP_4	b04, b07

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes	No
a02	Preparation for classes	Literature reading / analysis of source materials reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class	No
a03	Preparation for classes	Developing practical skills activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content reading through the syllabus and getting acquainted with its content	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the	Yes

		<i>pursued study programme</i>	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Coaching methods and tools 1
Module code		DFC1_MINC1
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu zapoznanie studiujących z wybranymi narzędziami i technikami pracy oraz wprowadzenie do specyficznych reguł komunikacji stosowanej w coachingu. Ma charakter ćwiczeń praktycznych opartych na metodologii cyklu Kolba realizowanych w parach lub na forum grupy. Moduł podejmuje zagadnienia związane z kształtowaniem zdolności aktywnego słuchania, zadawania poprawnych pytań, poszerzania perspektyw ujmowania określonego zagadnienia, określania celów zgodnie z metodologią modelu SMART. Prezentuje wiedzę dotyczącą reguł rządzących porozumiewaniem się w werbalnym i pozawerbalnym wymiarze komunikacji coachingowej. Studenci zaznajamiają się z zastosowaniem narzędzi coachingowych, ich celami, kontekstem użycia, prawidłowym sposobem prowadzenia refleksji z klientem po wykonaniu ćwiczenia. Istotną częścią zajęć jest wspólna analiza i dyskusja, elementy demonstrowania technik przez wykładowcę.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_MINC1_1	Ma wiedzę na temat wybranych narzędzi i technik pracy coacha związanych z wyznaczaniem celów, planowaniem, zarządzaniem czasem, motywacją oraz samopoznaniem.	DFC1_W05 DFC1_W08 DFC1_W11	2 3 2	
DFC1_MINC1_2	Ma wiedzę na temat reguł komunikacji werbalnej i niewerbalnej w coachingu.	DFC1_W05	2	
DFC1_MINC1_3	Potrafi poprawnie komunikować się zgodnie z regułami coachingowymi z uwzględnieniem komunikacji werbalnej i niewerbalnej.	DF1_U01	1	
DFC1_MINC1_4	Potrafi poprawnie stosować poznane narzędzia coachingowe oraz rozumie konteksty ich zastosowania.	DF1_U01 DF1_U08	1 2	
DFC1_MINC1_5	Potrafi korzystać z wybranych technik coachingowych wskazując adekwatne konteksty ich zastosowań.	DF1_U06	1	
DFC1_MINC1	Rozumie potrzebę odpowiedzialnego podchodzenia do działań zawodowych związanych z coachingiem.			

_6		DF1_K01	2
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9. Methods of conducting classes

Code	Category	Name (description)
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
c08	Demonstration methods	Value-based methods – affective methods <i>methods of participating in exhibited moral, social, aesthetic and scientific values; activities evoking genuine emotional reactions to works/objects/actions; a method which activates an emotional response to the presented content, intensifies attention, depth of experience and a reflection on values</i>
c09	Demonstration methods	Value-based methods – expressive methods <i>methods of accessing value-related knowledge, experiencing values in emotion-laden activities; creating situations enabling the creation or reproduction of values as a way of self-expression combined with experiencing values (individually or in a group); actions, most often creative, involving an expressive and suggestive way of expressing emotions</i>

10. Forms of teaching

Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_MINC1_wr	workshop	30	course work	DFC1_MINC1_1, DFC1_MINC1_2, DFC1_MINC1_3, DFC1_MINC1_4, DFC1_MINC1_5, DFC1_MINC1_6	a05, c08, c09

11. The student's work, apart from participation in classes, includes in particular:

Code	Category	Name (description)	Is it part of the BUNA?
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	Yes

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1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Coaching methods and tools 2
Module code		DFC1_MINC2
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Celem modułu jest zaznajomienie z metodami i narzędziami pozwalającymi na prowadzenie sesji coachingowej z zachowaniem odpowiedniej struktury. Pogłębia zdolności komunikacyjne, dostarcza zróżnicowanych, specjalistycznych narzędzi oraz technik do pracy z przekonaniem, wartościami, poczuciem tożsamości z uwzględnieniem wymiaru społecznego, behawioralnego i duchowego. Zajęcia mają charakter warsztatowy, aby zapewnić praktyczne opanowanie umiejętności w praktyce.
List of modules that must be completed before starting this module (if necessary)		[DFC1_MINC1] Coaching methods and tools 1

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_MINC2_1	Ma wiedzę o narzędziach coachingowych i technikach pracy dotyczących wartości, przekonań oraz zasobów klienta.	DFC1_W08	4	
DFC1_MINC2_2	Zna modele strukturyzujące sesję coachingową.	DFC1_W05	3	
DFC1_MINC2_3	Potrafi wykorzystywać w praktyce narzędzia i metody coachingowe związane z tematyką modułu.	DF1_U01	2	
DFC1_MINC2_4	Prezentuje postawę szacunku wobec uczestników zajęć, w tym respektuje zasady kontraktu grupowego.	DF1_K01	2	
DFC1_MINC2_5	Potrafi przeprowadzić rozmowę opartą na modelach strukturyzujących sesję coachingową.	DFC1_U12	2	

9.	Methods of conducting classes		
	Code	Category	Name (description)
b06		Problem-solving methods	Activating method – staged drama/drama experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech,

		<i>the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i>
c08	Demonstration methods	Value-based methods – affective methods <i>methods of participating in exhibited moral, social, aesthetic and scientific values; activities evoking genuine emotional reactions to works/objects/actions; a method which activates an emotional response to the presented content, intensifies attention, depth of experience and a reflection on values</i>
e06	Practical methods	Observation <i>also conducted as fieldwork; a method of watching phenomena, objects or people in a systematic/planned way in order to gain knowledge about them; perceptual separation of elements of a model action as an element of learning through imitation; a complex system of cognition based on sensory experiences</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_MINC2_wr	workshop	30	course work	DFC1_MINC2_1, DFC1_MINC2_2, DFC1_MINC2_3, DFC1_MINC2_4, DFC1_MINC2_5	b06, c08, e06

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		Yes
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>		Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Ethics
Module code		DFC1_E
Number of the ECTS credits		5
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu przedstawienie etyki jako dyscypliny filozoficznej, w której teoretyczny namysł nad istotą moralności i celem życia godnego człowieka splata się z praktykowaniem (ćwiczeniem) odpowiednich dyspozycji (cnót), kształtowaniem postawy wrażliwości i odpowiedzialności moralnej ludzi (zarówno jednostki, jak i grup społecznych). Wiedza etyczna zdobyta na podstawie poznania europejskiej tradycji etycznej (idei etycznych, koncepcji, stanowisk, problemów) umożliwia współczesnemu człowiekowi pogłębiony namysł nad wyborem właściwego modelu życia osobistego i uczestnictwa w tworzeniu dobra wspólnoty. Moduł ma rozwijać umiejętności rozpoznawania, stawiania i rozwiązywania problemów etycznych oraz uzasadniania wyborów moralnych.
List of modules that must be completed before starting this module (if necessary)		[DFC1_FD] Philosophy of dialogue [DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_E_1	Zna specyfikę etyki jako dyscypliny filozoficznej, właściwą jej terminologię, problematykę i stanowiska.	DFC1_W09	3	
DFC1_E_2	Potrafi analizować teksty z zakresu etyki filozoficznej oraz określać problemy właściwe dla badań etycznych na podstawie samodzielnej lektury dzieł należących do kanonu tej dziedziny.	DF1_K01 DF1_U02	2 3	
DFC1_E_3	Umie dobierać odpowiednie argumenty w dyskusji z zakresu etyki, w tym dopuszcza różne założenia światopoglądowe i uwarunkowania społeczno-kulturowe w oglądzie problemów moralnych.	DF1_U04 DF1_U07 DFC1_W01	3 3 3	
DFC1_E_4	Ma uporządkowaną wiedzę na temat zasad i norm moralnych, ich kulturowych przemian oraz znaczenia dla funkcjonowania społecznego.	DFC1_W03	3	
DFC1_E_5	Dostrzega znaczenie perspektywy normatywnej w rozwoju indywidualnym i społecznym, w tym rolę wzorców osobowych i ideałów etycznych w odniesieniu do działań w obszarze coachingu i doradztwa filozoficznego.	DF1_U03	3	

9. Methods of conducting classes		
Code	Category	Name (description)
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_E_ćw	practical classes	30	course work	DFC1_E_2, DFC1_E_3	b04, b07, f02
DFC1_E_w	lecture	30	exam	DFC1_E_1, DFC1_E_4, DFC1_E_5	a01, b01

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent</i>	No

		<i>elements of the curriculum (as preparation for class participation)</i>	
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Foreign language course 1
Module code		LJO-2023-01
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		The module aims to develop communicative language competences and to stimulate the acquisition of skills in oral and written language reception and production as well as in language interaction and mediation, taking into account different varieties and registers of the foreign language and the necessary language strategies. The module develops the ability to learn, to independently search for and select information and sources of knowledge, and to work in a team. The main emphasis is placed on strengthening the skills of effective communication with others and the fluent use of foreign language in social, educational or professional contacts in accordance with the criteria laid out in the Common European Framework of Reference for Languages (CEFR).
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
LJO1_1	Can, following the teacher's instructions, use his/her general knowledge in order to develop and practice the listening, reading, writing and speaking skills in a foreign language, can formulate clearly and correctly, moderately complex oral and written texts on various topics, effectively and properly using the relevant vocabulary and rules for the organization of statements, in accordance in accordance with the criteria laid out in the Common European Framework of Reference for Languages (CEFR).	KJ.2023_U	2	
LJO1_2	Can search, collect and make use of general information contained in foreign texts of various levels of difficulty, can present their opinions using correct language constructions.	KJ.2023_U	2	
LJO1_3	Can, following general instructions, properly select sources and general information needed to learn a foreign language.	KJ.2023_U	2	

9.	Methods of conducting classes		
Code	Category	Name (description)	
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object</i>	

		<i>or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b06	Problem-solving methods	Activating method – staged drama/drama <i>experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech, the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i>
c02	Demonstration methods	Video show <i>reproducing a film or video material in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as an exercise in image perception; a film/video can be a work of art, an illustration (also technical illustration) of a content/phenomenon/object, a private record of an action, a media image, etc.</i>
c03	Demonstration methods	Audio playback / audio drama <i>preparation and reproduction of sound material (audio recording) in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as a method of sound perception, including the appreciation of a musical piece, an artistic audio drama, an oral presentation of an artistic or scientific text as well as a media text; analysis of the sound material recorded on a carrier with a view to studying a sound-related phenomenon</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
d02	Programmed learning methods	Working with a programmed textbook <i>working with a textbook containing instructional material covering part of or the entire curriculum of the module as well as a formula for studying the content; includes working with a subject textbook, an atlas, a catalogue, a problem book, etc.</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
d04	Programmed learning methods	Reconstruction / reproduction <i>proceeding according to the indicated/displayed pattern/model; e.g., the reconstruction of a structure, model, image, etc.</i>
e07	Practical methods	Simulation <i>an indirect method; imitating reality in order to gain experience approximating a real one; recreating a real-world situation so that its participant can acquire an experience close to the authentic one; work on "replacement" material</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text

		searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue
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10. Forms of teaching

Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
LJO1_lekt	language classes	30	course work	LJO1_1, LJO1_2, LJO1_3	a03, a05, b06, c02, c03, c06, c07, d02, d03, d04, e07, f01, f02

11. The student's work, apart from participation in classes, includes in particular:

Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes
d02	Consulting the results of the verification of learning outcomes	Development of a corrective action plan as well as supplementary/corrective tasks <i>reviewing and selecting tasks and activities enabling the elimination of errors indicated by the academic teacher, their verification or correction resulting in completing the task with at least the minimum passing grade</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Foreign language course 2
Module code		LJO-2023-02
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		The module aims to develop communicative language competences and to stimulate the acquisition of skills in oral and written language reception and production as well as in language interaction and mediation, taking into account different varieties and registers of the foreign language and the necessary language strategies. The module develops the ability to learn, to independently search for and select information and sources of knowledge, and to work in a team. The main emphasis is placed on strengthening the skills of effective communication with others and the fluent use of foreign language in social, educational or professional contacts in accordance with the criteria laid out in the Common European Framework of Reference for Languages (CEFR).
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
LJO2_1	Can effectively use the possessed detailed knowledge in order to develop and practice the listening, reading, writing and speaking skills in a foreign language, can formulate clear and correct more complex oral and written texts on various topics, effectively and properly using the relevant vocabulary, rules of text organization, in accordance in accordance with the criteria laid out in the Common European Framework of Reference for Languages (CEFR).	KJ.2023_U	2	
LJO2_2	Can search, analyse, evaluate and make use of specific information contained in foreign texts of more complex difficulty on topics specified in the module syllabus.	KJ.2023_U	2	
LJO2_3	Can, to some extent independently, select the appropriate sources, specific information and tools for learning a foreign language and formulate his/her own opinions in a foreign language.	KJ.2023_U	2	

9.	Methods of conducting classes		
Code	Category	Name (description)	
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object</i>	

		<i>or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b06	Problem-solving methods	Activating method – staged drama/drama <i>experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech, the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i>
c02	Demonstration methods	Video show <i>reproducing a film or video material in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as an exercise in image perception; a film/video can be a work of art, an illustration (also technical illustration) of a content/phenomenon/object, a private record of an action, a media image, etc.</i>
c03	Demonstration methods	Audio playback / audio drama <i>preparation and reproduction of sound material (audio recording) in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as a method of sound perception, including the appreciation of a musical piece, an artistic audio drama, an oral presentation of an artistic or scientific text as well as a media text; analysis of the sound material recorded on a carrier with a view to studying a sound-related phenomenon</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>
d02	Programmed learning methods	Working with a programmed textbook <i>working with a textbook containing instructional material covering part of or the entire curriculum of the module as well as a formula for studying the content; includes working with a subject textbook, an atlas, a catalogue, a problem book, etc.</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
d04	Programmed learning methods	Reconstruction / reproduction <i>proceeding according to the indicated/displayed pattern/model; e.g., the reconstruction of a structure, model, image, etc.</i>
e07	Practical methods	Simulation <i>an indirect method; imitating reality in order to gain experience approximating a real one; recreating a real-world situation so that its participant can acquire an experience close to the authentic one; work on “replacement” material</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
LJO2_lekt	language classes	30	course work	LJO2_1, LJO2_2, LJO2_3	a03, a05, b06, c02, c03, c06, d02, d03, d04, e07, f01, f02

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)	Is it part of the BUNA?	
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No	
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No	
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No	
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes	
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes	
d02	Consulting the results of the verification of learning outcomes	Development of a corrective action plan as well as supplementary/corrective tasks <i>reviewing and selecting tasks and activities enabling the elimination of errors indicated by the academic teacher, their verification or correction resulting in completing the task with at least the minimum passing grade</i>	Yes	

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Foreign language course 3
Module code		LJO-2023-03
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		The module aims to develop communicative language competences and to stimulate the acquisition of skills in oral and written language reception and production as well as in language interaction and mediation, taking into account different varieties and registers of the foreign language and the necessary language strategies. The module develops the ability to learn, to independently search for and select information and sources of knowledge, and to work in a team. The main emphasis is placed on strengthening the skills of effective communication with others and the fluent use of foreign language in social, educational or professional contacts in accordance with the criteria laid out in the Common European Framework of Reference for Languages (CEFR).
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
LJO3_1	Can independently use the acquired knowledge in order to develop and practice listening comprehension, reading, writing and speaking skills in a foreign language at an appropriate level.	KJ.2023_U	3	
LJO3_2	Can effectively search, select, synthesize and use information contained in foreign texts of varying levels of difficulty on topics specified in the syllabus of the module.	KJ.2023_U	3	
LJO3_3	Can communicate in a foreign language in speech and writing, producing texts on the topics specified in the module syllabus using various communication channels and techniques, can participate in a debate, present his/her own and other people's positions and discuss them in a foreign language.	KJ.2023_U	3	

9.	Methods of conducting classes		
Code		Category	Name (description)
a03		Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>

a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b06	Problem-solving methods	Activating method – staged drama/drama <i>experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech, the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i>
c02	Demonstration methods	Video show <i>reproducing a film or video material in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as an exercise in image perception; a film/video can be a work of art, an illustration (also technical illustration) of a content/phenomenon/object, a private record of an action, a media image, etc.</i>
c03	Demonstration methods	Audio playback / audio drama <i>preparation and reproduction of sound material (audio recording) in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as a method of sound perception, including the appreciation of a musical piece, an artistic audio drama, an oral presentation of an artistic or scientific text as well as a media text; analysis of the sound material recorded on a carrier with a view to studying a sound-related phenomenon</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>
d02	Programmed learning methods	Working with a programmed textbook <i>working with a textbook containing instructional material covering part of or the entire curriculum of the module as well as a formula for studying the content; includes working with a subject textbook, an atlas, a catalogue, a problem book, etc.</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
d04	Programmed learning methods	Reconstruction / reproduction <i>proceeding according to the indicated/displayed pattern/model; e.g., the reconstruction of a structure, model, image, etc.</i>
e07	Practical methods	Simulation <i>an indirect method; imitating reality in order to gain experience approximating a real one; recreating a real-world situation so that its participant can acquire an experience close to the authentic one; work on "replacement" material</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
LJO3_lekt	language classes	30	course work	LJO3_1, LJO3_2, LJO3_3	a03, a05, b06, c02, c03, c06,

					d02, d03, d04, e07, f01, f02
11. The student's work, apart from participation in classes, includes in particular:					
Code	Category	Name (description)			Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>			No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>			No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>			No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>			Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>			Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>			No
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>			Yes
d02	Consulting the results of the verification of learning outcomes	Development of a corrective action plan as well as supplementary/corrective tasks <i>reviewing and selecting tasks and activities enabling the elimination of errors indicated by the academic teacher, their verification or correction resulting in completing the task with at least the minimum passing grade</i>			Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Foreign language course 4
Module code		LJO-2023-04
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		The module aims to develop communicative language competences and to stimulate the acquisition of skills in oral and written language reception and production as well as in language interaction and mediation, taking into account different varieties and registers of the foreign language and the necessary language strategies. The module develops the ability to learn, to independently search for and select information and sources of knowledge, and to work in a team. The main emphasis is placed on strengthening the skills of effective communication with others and the fluent use of foreign language in social, educational or professional contacts in accordance with the criteria laid out in the Common European Framework of Reference for Languages (CEFR).
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
LJO4_1	Can effectively formulate complex problems in a foreign language, including those related to the field of study in order to practice listening, reading, writing and speaking skills in a foreign language.	KJ.2023_U	3	
LJO4_2	Can independently search, analyze, evaluate, select, synthesize and use general and specific information contained in foreign texts of varying complexity.	KJ.2023_U	3	
LJO4_3	Has the ability to understand, reproduce and create various types of written and oral texts that require advanced systemic knowledge of a foreign language, including specialist knowledge, using grammatical structures and vocabulary, specified in the syllabus of the module. Can use a foreign language at B2 level or higher (or lower, as specified in the syllabus, depending on the language and the level of the group chosen by a student who already has proof of his/her competence in one foreign language at B2 level) in accordance with the Common European Framework of Reference for Languages (CEFR)) using various communication channels and techniques to the extent appropriate for a given area of knowledge.	KJ.2023_U	3	

9. Methods of conducting classes		
Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b06	Problem-solving methods	Activating method – staged drama/drama <i>experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech, the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i>
c02	Demonstration methods	Video show <i>reproducing a film or video material in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as an exercise in image perception; a film/video can be a work of art, an illustration (also technical illustration) of a content/phenomenon/object, a private record of an action, a media image, etc.</i>
c03	Demonstration methods	Audio playback / audio drama <i>preparation and reproduction of sound material (audio recording) in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as a method of sound perception, including the appreciation of a musical piece, an artistic audio drama, an oral presentation of an artistic or scientific text as well as a media text; analysis of the sound material recorded on a carrier with a view to studying a sound-related phenomenon</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>
d02	Programmed learning methods	Working with a programmed textbook <i>working with a textbook containing instructional material covering part of or the entire curriculum of the module as well as a formula for studying the content; includes working with a subject textbook, an atlas, a catalogue, a problem book, etc.</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
d04	Programmed learning methods	Reconstruction / reproduction <i>proceeding according to the indicated/displayed pattern/model; e.g., the reconstruction of a structure, model, image, etc.</i>
e07	Practical methods	Simulation <i>an indirect method; imitating reality in order to gain experience approximating a real one; recreating a real-world situation so that its participant can acquire an experience close to the authentic one; work on "replacement" material</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text

		searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue
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10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
LJO4_lekt	language classes	30	course work	LJO4_1, LJO4_2, LJO4_3	a03, a05, b06, c02, c03, c06, d02, d03, d04, e07, f01, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes
d02	Consulting the results of the verification of learning outcomes	Development of a corrective action plan as well as supplementary/corrective tasks <i>reviewing and selecting tasks and activities enabling the elimination of errors indicated by the academic teacher, their verification or correction resulting in completing the task with at least the minimum passing grade</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		General methodology and social research
Module code		DFC1_MOIBS
Number of the ECTS credits		4
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu przedstawienie pojęć, tematyki i procedur naukowych ogólnej metodologii nauk. Służy ukazaniu jej relacji do metodologii badań empirycznych, ze szczególnym uwzględnieniem specyfiki badań, metod, procedur badawczych, postępowania i typów wnioskowania stosowanych w naukach społecznych. Moduł uczy praktycznego stosowania wybranych metod ilościowych i jakościowych mających zastosowanie w naukach stanowiących teoretyczne zaplecze coachingu. Nabywają wiedzy i umiejętności w zakresie metod badań filozoficznych.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_MOIBS_1	Zna terminologię i przedmiot metodologii ogólnej w relacji do metodologii badań empirycznych, szczególnie społecznych.	DFC1_W04 DFC1_W09	3 4	
DFC1_MOIBS_2	Ma zaawansowaną wiedzę o specyfice badań, metodach, procedurach badawczych, postępowaniu i typach wnioskowania stosowanych w naukach społecznych pod kątem zastosowania w naukach stanowiących teoretyczną podbudowę coachingu.	DFC1_W02	5	
DFC1_MOIBS_3	Potrafi poprawnie interpretować wyniki badań społecznych, odróżniać konteksty zastosowań badań jakościowych i ilościowych, odróżniać metody i techniki badań, stawiać pytania badawcze, hipotezy, rozpoznawać i określać typy zmiennych.	DF1_U01 DF1_U04 DF1_U09	3 5 3	
DFC1_MOIBS_4	Potrafi wskazać różnicę między badaniami humanistycznymi, ze szczególnym uwzględnieniem specyfiki badań filozoficznych, a badaniami empirycznymi.	DF1_U05 DF1_U10	4 4	
DFC1_MOIBS_5	Potrafi identyfikować i stosować wybrane metody filozoficzne, w tym rozumie problem relacji filozofii do nauk szczegółowych.	DF1_K02 DFC1_U14	4 4	
DFC1_MOIBS_6	Umie prawidłowo określić cechy wypowiedzi naukowej ustnej i pisemnej.	DF1_K04	2	

		DF1_U04	4
DFC1_MOIBS_7	Ma wiedzę o historycznych przemianach nauki, wielości paradygmatów badawczych, rozumie założeniowy charakter badań naukowych w tym związek między pojęciami, modelami teoretycznymi a ograniczoną możliwością ich empirycznego sprawdzenia.	DF1_K02 DFC1_W01	4 4

9. Methods of conducting classes		
Code	Category	Name (description)
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_MOIBS_ćw	practical classes	30	course work	DFC1_MOIBS_3, DFC1_MOIBS_4, DFC1_MOIBS_5	b04, b07, f02
DFC1_MOIBS_w	lecture	30	exam	DFC1_MOIBS_1, DFC1_MOIBS_2, DFC1_MOIBS_6, DFC1_MOIBS_7	a01, b01

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>		Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>		Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>		Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>		Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		General psychology
Module code		DFC1_PO
Number of the ECTS credits		5
Language of instruction		
Purpose and description of the content of education		Moduł psychologia ogólna dostarcza podstawowej terminologii i wiedzy z zakresu psychologii niezbędnej do dalszego zgłębiania bardziej specjalistycznych zagadnień. W jego ramach osoby studiujące zapoznają się z kwestią statusu i specyfiki psychologii jako nauki, najważniejszymi koncepcjami psychologicznymi człowieka oraz podstawowymi uwarunkowaniami i mechanizmami decydujących o ludzkim zachowaniu i psychorozwoju. W szczególności zdobywają wiedzę o przebiegu i prawidłowościach dotyczących podstawowych procesów psychicznych oraz uczą się zastosowania tej wiedzy w wyjaśnianiu i rozwiązywaniu różnorodnych problemów życia codziennego.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_PO_1	Zna podstawowe uwarunkowania procesów psychicznych.	DFC1_W11	3	
DFC1_PO_2	Ma wiedzę dotyczącą głównych paradygmatów i problemów oraz terminologii właściwych dla psychologii ogólnej.	DFC1_W04	4	
DFC1_PO_3	Zna wybrane psychologiczne koncepcje osobowości i rozwoju człowieka.	DFC1_W11	2	
DFC1_PO_4	Potrafi posługiwać się terminologią psychologiczną i wybranymi teoriami w celu opisywania rozwoju i funkcjonowania człowieka.	DF1_U01 DFC1_U14	2 2	
DFC1_PO_5	Potrafi porównywać różne modele myślenia o psychicznym funkcjonowaniu człowieka, jest świadom ich założeń oraz implikacji praktycznych.	DF1_U01	2	
DFC1_PO_6	Potrafi stosować wiedzę o poznanych zjawiskach psychicznych w celu pogłębiania samowiedzy i świadomego kierowania swoim rozwojem.	DF1_K03 DF1_U03	1 1	

9.	Methods of conducting classes		
Code	Category	Name (description)	
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture	

		<i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_PO_c	practical classes	30	course work	DFC1_PO_4, DFC1_PO_5, DFC1_PO_6	a05, b07
DFC1_PO_w	lecture	30	exam	DFC1_PO_1, DFC1_PO_2, DFC1_PO_3	a01

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Interpersonal training
Module code		DFC1_TI
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Moduł trening interpersonalny służy zwiększeniu poziomu zaufania i otwartości osób w grupie. Celem zajęć jest zdobycie przez osoby studiujące wiedzy dotyczącej świadomości funkcjonowania w grupie, doskonalenie kompetencji komunikacyjnych i umiejętności pracy w zespole, a szczególnie zdolności rozwiązywania problemów interpersonalnych i radzenia sobie z konfliktami. Osoby studiujące mają poznać dynamikę procesu grupowego oraz typowe role ujawniające się w grupach. Zajęcia mają charakter warsztatowy.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_m2_1	Ma wiedzę na temat funkcjonowania w grupie, rozumie dynamikę procesu grupowego oraz zna typowe role ujawniające się w tym procesie.	DFC1_W05	2	
DFC1_m2_2	Ma pogłębioną samoświadomość dotyczącą funkcjonowania w grupie, rozpoznaje swoje mocne strony i obszary do rozwoju związane z komunikowaniem się w grupie i autoprezentacją.	DF1_K02 DFC1_U13	2 2	
DFC1_m2_3	Potrafi rozpoznawać elementy procesu grupowego oraz dostrzegać różne role i sposoby komunikowania się w przebiegu interakcji między uczestnikami.	DF1_U06	2	
DFC1_m2_4	Potrafi przyjmować i udzielać prawidłowo informacji zwrotnej oraz docenia wagę informacji zwrotnej w procesie samopoznania.	DF1_U07	2	
DFC1_m2_5	Potrafi porozumiewać się z uczestnikami grupy w sposób zgodny z regułami poprawnej komunikacji.	DF1_U09	2	
DFC1_m2_6	Przestrzega zasad kontraktu grupowego.	DF1_K01	2	

9.	Methods of conducting classes		
Code	Category	Name (description)	
a05	Lecture methods / expository methods	Explanation/clarification	

		<i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b06	Problem-solving methods	Activating method – staged drama/drama <i>experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech, the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
c08	Demonstration methods	Value-based methods – affective methods <i>methods of participating in exhibited moral, social, aesthetic and scientific values; activities evoking genuine emotional reactions to works/objects/actions; a method which activates an emotional response to the presented content, intensifies attention, depth of experience and a reflection on values</i>
c09	Demonstration methods	Value-based methods – expressive methods <i>methods of accessing value-related knowledge, experiencing values in emotion-laden activities; creating situations enabling the creation or reproduction of values as a way of self-expression combined with experiencing values (individually or in a group); actions, most often creative, involving an expressive and suggestive way of expressing emotions</i>
e06	Practical methods	Observation <i>also conducted as fieldwork; a method of watching phenomena, objects or people in a systematic/planned way in order to gain knowledge about them; perceptual separation of elements of a model action as an element of learning through imitation; a complex system of cognition based on sensory experiences</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_TI_wr	workshop	60	course work	DFC1_m2_1, DFC1_m2_2, DFC1_m2_3, DFC1_m2_4, DFC1_m2_5, DFC1_m2_6	a05, b06, b07, c08, c09, e06

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Introduction to philosophical counselling
Module code		DFC1_WDDF
Number of the ECTS credits		4
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu wprowadzenie studentów w historię i istotę współczesnego doradztwa filozoficznego. Ukazuje doradztwo filozoficzne na tle aplikacyjnych ujęć filozofii oraz w odniesieniu do innych pokrewnych form działalności, w których dorobek filozofii jest wykorzystywany w praktyce. Celem modułu jest też przedstawienie przykładowych sposobów świadczenia usług z zakresu doradztwa filozoficznego oraz przypadków z praktyki.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_m5_1	Ma wiedzę dotyczącą specyfiki i historii doradztwa filozoficznego.	DFC1_W03	3	
DFC1_m5_2	Potrafi określić specyfikę pracy doradcy filozoficznego na tle innych form usług nakierowanych na rozwój lub wsparcie jednostek lub grup.	DF1_U05	3	
DFC1_m5_3	Ma wiedzę dotyczącą wybranych organizacji branżowych w Polsce i na świecie w perspektywie budowania etosu zawodowego doradców filozoficznych, publikacji naukowych, w tym specjalistycznych czasopism z zakresu doradztwa filozoficznego.	DF1_K03	2	
		DFC1_W07	3	
		DFC1_W10	3	
DFC1_m5_4	Potrafi zaprezentować główne stanowiska w obrębie doradztwa filozoficznego oraz przykłady zastosowań filozofii w praktyce.	DF1_K04	3	
		DF1_U03	3	

9.	Methods of conducting classes		
Code	Category	Name (description)	
b02	Problem-solving methods	Lecture-discussion <i>transmission of content involving interaction with the lecture audience; discussion of lecture-related issues is one of its elements or constitutes its follow-up</i>	

b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_WDDF_c	practical classes	30	course work	DFC1_m5_2, DFC1_m5_4	b04, b07
DFC1_WDDF_k	discussion classes	20	course work	DFC1_m5_1, DFC1_m5_3	b02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to</i>	Yes

		<i>optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	
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Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Mediation
Module code		DFC1_M
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu zaznajomienie studiujących z ideą, typologią oraz metodami prowadzenia mediacji. Przedstawia różne modele rozwiązywania sporów, kształtuje kompetencje i świadomość roli mediatora, perspektywy zawodowe, warunki i konteksty zastosowania danego typu mediacji. Moduł uczy w praktyce wybranych metod rozwiązywania konfliktów, rozwija świadomość dotyczącą użyteczności mediacji, kształtuje umiejętność stosowania odpowiednich technik komunikacji w procesie mediacji.
List of modules that must be completed before starting this module (if necessary)		[DFC1_LP] Practical logic

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_M_1	Zna terminologię, typologię, modele, techniki komunikacyjne i uwarunkowania prowadzenia mediacji.	DFC1_W04	3	
		DFC1_W05	4	
		DFC1_W11	3	
DFC1_M_2	Potrafi stosować w praktyce techniki komunikacyjne właściwe dla procesu mediacji.	DF1_U07	4	
		DF1_U09	4	
		DFC1_U13	3	
DFC1_M_3	Rozumie uwarunkowania procesu mediacji i potrafi odpowiedzialnie pełnić rolę mediatora.	DF1_K01	4	
		DF1_U02	4	
		DFC1_W11	4	
DFC1_M_4	Potrafi projektować rozwój kariery zawodowej pod kątem świadczenia usług mediatora.	DF1_K05	4	
		DF1_U05	4	

9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b06	Problem-solving methods	Activating method – staged drama/drama <i>experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech, the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_M_war	workshop	30	course work	DFC1_M_1, DFC1_M_2, DFC1_M_3, DFC1_M_4	b04, b06, b07, b08

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation</i>	Yes

		<i>of tasks resulting from or necessary for class participation</i>	
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Models of rationality
Module code		DFC1_MR
Number of the ECTS credits		6
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu przedstawienie różnych modeli racjonalności, pogłębienie refleksji nad problemem natury i funkcji rozumu oraz postaci rozumności. Ukazuje związki form filozoficznego racjonalizmu z ich manifestacjami w różnorodnych przejawach aktywności ludzkiej. Sproblematyzowanie kwestii rozumu oraz różnych postaci racjonalności w zderzeniu z tym, co ponad-, poza- oraz antyracjonalne ma służyć rozwijaniu postawy krytycznej, filozoficznej analizy zagadnień związanych z tematyką modułu, łączenia historycznego i systematycznego podejścia do problemu racjonalności w debacie filozoficznej.
List of modules that must be completed before starting this module (if necessary)		[DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1 [DFC1_FWPIS2] Philosophy. Selected problems and standpoints 2

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_MR_1	Ma wiedzę o problemie racjonalności na przestrzeni dziejów myśli filozoficznej, zna pojęcia, teorie i związki koncepcji filozoficznych z ich kulturowo-społecznymi manifestacjami.	DFC1_W01	5	
		DFC1_W03	4	
		DFC1_W04	3	
		DFC1_W09	5	
DFC1_MR_2	Potrafi analizować teksty filozoficzne podejmujące w różnych aspektach problem racjonalności.	DF1_U10	3	
DFC1_MR_3	Potrafi prezentować krytyczną postawę, analizuje oraz porównuje argumenty różnych stanowisk filozoficznych z uwzględnieniem perspektywy historycznej i systematycznej.	DF1_K02	5	
		DFC1_U14	5	
DFC1_MR_4	Potrafi brać udział w debacie prezentując racjonalną postawę w stosunku do dyskutantów.	DF1_K01	3	
		DF1_U04	5	
		DFC1_U13	4	
DFC1_MR_5	Potrafi interpretować aktywność ludzką z uwzględnieniem różnych wykładni problemu racjonalności i irracjonalności.	DF1_U01	4	
		DFC1_U11	4	

9. Methods of conducting classes		
Code	Category	Name (description)
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
b02	Problem-solving methods	Lecture-discussion <i>transmission of content involving interaction with the lecture audience; discussion of lecture-related issues is one of its elements or constitutes its follow-up</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_MR_ćw	practical classes	30	course work	DFC1_MR_2, DFC1_MR_4, DFC1_MR_5	b04, b07, f02
DFC1_MR_w	lecture	16	exam	DFC1_MR_1, DFC1_MR_3	a01, b02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent</i>	No

		<i>elements of the curriculum (as preparation for class participation)</i>	
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Module in the "Civil Society and Entrepreneurship" area
Module code		MO-2023-SS-SOP
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		<p>"Civil society and entrepreneurship" is the area which like no other contributed to opening university education "to the world", the area which directly connects science and knowledge acquisition to social use (the system of institutions, laws, customs, social norms). Underlying the area are the conviction that education within each academic discipline should be correlated with the awareness of the changing relation between a person and a citizen, between private and collective life, between a political and a non-political subject, etc. The area of "Civil Society and Entrepreneurship" can be pursued by a student within modules dominated by an academic teacher as well as those where the responsibility for achieving the learning outcomes lies mainly with the student, e.g. civil society in action (projects combining social and natural sciences, combining social sciences and humanities, or combining social sciences, mathematics, physics and chemistry) or social participation in practice. The choice from the range of the above-mentioned modules allows for a high individualization of the education process.</p>
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
KS_01	Is ready to meet social obligations, co-organize activities for the benefit of the community and is open to scientific solutions to cognitive and practical problems.	MOB.2023_K01	3	
U_01	Asks questions, analyzes research problems, and finds solutions to them, making use of knowledge, skills and experience pertaining to civil society and entrepreneurship, in conjunction with the leading discipline of the degree programme.	MOB.2023_U01	3	
U_02	Communicates the results of his/her work on civil society and entrepreneurship in a way which is clear and understandable not only to specialists.	MOB.2023_U01	3	
W_01	Has advanced knowledge of selected scientific theories and methods, and is familiar with issues connected with civil society and entrepreneurship.	MOB.2023_W01	3	
W_02	Understands the connection between the issues pertaining to civil society and entrepreneurship, and the leading discipline of the degree programme.	MOB.2023_W01	3	

9. Methods of conducting classes		
Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	depending on the choice	30	course work	KS_01, U_01, U_02, W_01, W_02	a03, a05, b04, c07, d03, f01, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No

a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Module in the "Creative Expression and Critical Thinking" area
Module code		MO-2023-SS-ETKM
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Underlying the area of "Critical Thinking and Creative Expression" is the conviction that it is necessary to interest students in various intellectual traditions and forms of creative practice making it possible to approach a given problem from many perspectives. It is crucial to develop critical thinking skills, in particular with regard to information present in various forms of communication (popular, popular science, specialist publications, traditional and so-called new media, or artistic activities based on scientific research). Equally important is work in the area of cultural awareness and expression aimed at creative expression of ideas, experiences and emotions through various means of expression: music, theater, literature and visual arts. Driving the process of self-creation is the need to be creative and the need for creative expression, stemming from a deeply rooted human tendency to be inventive while drawing from the values found in art, literature, music, fine arts, values defining the culture of the nation, existing in national traditions, in historical memory and in folk culture.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
KS_01	Is ready to meet social obligations, co-organize activities for the benefit of the community and is open to scientific solutions to cognitive and practical problems.	MOB.2023_K01	3	
U_01	Asks questions, analyzes research problems, and finds solutions to them, making use of knowledge, skills and experience pertaining to critical thinking and creative expression in connection with the leading discipline of the degree programme.	MOB.2023_U01	3	
U_02	Communicates the results of his/her work in the field of critical thinking and creative expression in a way which is clear and understandable not only to specialists.	MOB.2023_U01	3	
W_01	Has advanced knowledge of selected scientific theories and methods, and is familiar with issues pertaining to critical thinking and creative expression.	MOB.2023_W01	3	
W_02	Understands the connection between issues related to critical thinking and creative expression and the leading discipline of the degree programme.	MOB.2023_W01	3	

9. Methods of conducting classes		
Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	depending on the choice	30	course work	KS_01, U_01, U_02, W_01, W_02	a03, a05, b04, c07, d03, f01, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No

a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	No

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Module in the "Digital World" area
Module code		MO-2023-SS-CS
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		<p>Apart from the real world, the digital world is of course another area constantly present in modern people's lives. The two human environments – the natural and the cultural one – have been joined by a third one, i.e. the digital environment. Modern digital technologies create new opportunities, but their constant development may, in addition to new opportunities, also create new threats. The modules proposed within the "Digital World" area provide an opportunity to learn about the crucial, current technological and social aspects of the digital world and to build competences for conscious, creative and safe functioning in this/her world.</p> <p>The modules of the Digital World area are divided into two sub-areas. Crucial for the first one, dubbed "Digital technologies", are the issues pertaining to technologies; this/her sub-area will allow students to expand their digital competences in the field of programming as well as data processing and analysis. Essential for the second sub-area, dubbed "Digital society", is a reflection on the impact of the development of digital technologies, including artificial intelligence, on the way we function as individuals and as entire societies. The purpose of the module content in this/her sub-area is to develop students' skills of navigating the digital world in creatively and safely, while maintaining personal autonomy and self-awareness.</p>
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
KS_01	Shows openness to science-based solutions to cognitive and practical problems and is ready to fulfill social obligations.	MOB.2023_K01	3	
U_01	Asks questions, analyzes research problems, and finds solutions to them, making use of knowledge, skills and experience gained in the field of digital technologies and issues pertaining to the digital society in conjunction with the leading discipline of the degree programme.	MOB.2023_U01	3	
U_02	Communicates the results of his/her work pertaining to the key technological and social aspects of the digital world in a way which is clear and understandable not only to specialists.	MOB.2023_U01	3	
W_01	Has advanced knowledge of selected scientific theories and methods and is familiar with issues pertaining to key technological and social aspects of the digital world.	MOB.2023_W01	3	
W_02	Understands the connection between key technological and social aspects of the digital world and the leading discipline	MOB.2023_W01	3	

of the degree programme.

9. Methods of conducting classes

Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching

Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	depending on the choice	30	course work	KS_01, U_01, U_02, W_01, W_02	a03, a05, b04, c07, d03, f01, f02

11. The student's work, apart from participation in classes, includes in particular:

Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation	No

		<i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Module in the "Health and Personal Development" area
Module code		MO-2023-SS-ZRO
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		The area of "Health and Personal Development" opens university education to the perspective of the well-being of an individual (i.e., a student, who is a person entering adulthood). The area focuses on such categories as maintaining physical, mental and social health, the level of satisfaction with various spheres of one's life and the development of "soft" skills (dealing with stress, communicating with others or the conscious shaping and managing one's life). The modules offered within the "Health" sub-area are meant to equip students with the ability to recognize and assess their own health (including their mental health) and to find appropriate means of promoting it. The point of departure of the module is the presentation of modern knowledge that distinguishes evidence-based medicine from common beliefs. The modules in the "Personal Development" sub-area direct students towards methods of the practical maintenance of one's well-being (including mental well-being). They supply competences for building one's personal potential in the modern world in a way which is active and effective as well as conscious and prudent. The main concern is realizing and recognizing one's own preferences, possibilities and limits, as well as the awareness of agency and responsibility for the balance between health, happiness and development. Having attended the module, the individual will be in a position to combine his/her own development with taking care of his/her mental and physical condition and general well-being in a balanced way.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
KS_01	Is ready to meet social obligations, co-organize activities for the benefit of the community and is open to scientific solutions to cognitive and practical problems.	MOB.2023_K01	3	
U_01	Asks questions, analyzes research problems, and finds solutions to them, making use of knowledge, skills and experience pertaining to the concept of an individual's well-being, including their health and personal development, in conjunction with the leading discipline of the degree programme.	MOB.2023_U01	3	
U_02	Communicates the results of his/her work regarding the concept of an individual's well-being, including their health and personal development, in a way which is clear and understandable not only to specialists.	MOB.2023_U01	3	
W_01	Has advanced knowledge of selected scientific theories and methods, and is familiar with issues connected with the concept of an individual's well-being, including their health and personal development.	MOB.2023_W01	3	

W_02	Understands the connection between the issues pertaining to the concept of an individual's well-being, including their health and personal development, and the leading discipline of the degree programme.	MOB.2023_W01	3
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9. Methods of conducting classes		
Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	depending on the choice	30	course work	KS_01, U_01, U_02, W_01, W_02	a03, a05, b04, c07, d03, f01, f02

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)	Is it part of the BUNA?	
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No	
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No	
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes	
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes	
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No	
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	Yes	

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Module in the "Natural Environment and Technologies" area
Module code		MO-2023-SS-SNT
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		The "Natural Environment and Technologies" area pertains to human interaction with the material environment, both the natural one and the one heavily modified by technology. This is the environment where people live, which they are subject to, and which they change in many ways. Understanding the Anthropocene requires an understanding of how biological systems function (from cells to ecosystems, to modern environmental threats, climate issues, natural resources, and many other natural issues) as well as an understanding of the rudiments of technical and technological knowledge. It is crucial to know and understand how technological development, especially in the areas of energy, green technologies, modern materials or everyday life (e.g. food production) can change the nature of human impact and support the way we care for the environment. The ways in which the human impact on the environment is regulated include using legal tools, such as nature protection law or energy law, as well as EU regulations, Sustainable Development Goals or the European Green Deal.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
KS_01	Shows openness to science-based solutions to cognitive and practical problems and is ready to meet social obligations.	MOB.2023_K01	3	
U_01	Asks questions, analyzes research problems, and finds solutions to them, making use of knowledge, skills and experience pertaining to the human interaction with the material environment – both natural and technologically modified, in conjunction with the leading discipline of the degree programme.	MOB.2023_U01	3	
U_02	Communicates the results of his/her work pertaining to the human interaction with the material environment – both natural and technologically modified, in a way which is clear and understandable not only to specialists.	MOB.2023_U01	3	
W_01	Has advanced knowledge of selected scientific theories and methods, and is familiar with issues connected with human interaction with the material environment – both natural and technologically modified.	MOB.2023_W01	3	
W_02	Understands the connection between issues pertaining to human interaction with the material environment – both natural and technologically modified, and the leading discipline of the degree programme.	MOB.2023_W01	3	

9. Methods of conducting classes		
Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	depending on the choice	30	course work	KS_01, U_01, U_02, W_01, W_02	a03, a05, b04, c07, d03, f01, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No

a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Module in the "The Limits of Science" area
Module code		MO-2023-SS-GN
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		<p>Scientific pursuits and the ways people function in the world are geared towards getting to know the reality and acquiring knowledge. All of this/her is within the purview of the "Limits of Science" area. It endeavours to indicate the difference between science and pseudoscience, the pitfalls and benefits of popularizing knowledge, to address the issue of how knowledge is obtained in various research communities. What is the difference between the natural sciences and humanities? What happens on the way from a hypothesis to testing a theory? What methods do the different sciences have at their disposal? Can humanities be scientific and how much literature is there in physics?</p> <p>The "Limits of Science" area strives to indicate practical ways of navigating the world of science. It strives to describe how to distinguish valuable knowledge from information noise, to introduce students to the arcana of recognizing and applying research methods and to develop the panorama of concepts related to the classification of knowledge and cognition, to present the history and the directions of human inquiry. An important role of the area is to indicate the methods of interpreting scientific texts and the research results contained within them, and to develop the ability to present scientific content in an effective and accessible way.</p>
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
KS_01	Is ready to meet social obligations, co-organize activities for the benefit of the community and is open to scientific solutions to cognitive and practical problems.	MOB.2023_K01	3	
U_01	Asks questions, analyzes research problems, and finds solutions to them, making use of knowledge, skills and experience pertaining to the issues falling under the scope of limits of science , in conjunction with the leading discipline of the degree programme.	MOB.2023_U01	3	
U_02	Communicates the results of his/her work on the issues falling under the scope of limits of science in a way which is clear and understandable not only to specialists.	MOB.2023_U01	3	
W_01	Has advanced knowledge of selected scientific theories and methods, and is familiar with issues typical to scientific enquiry and practicing science.	MOB.2023_W01	3	
W_02	Understands the connection between the issues falling under the scope of limits of science and the leading discipline of	MOB.2023_W01	3	

	the degree programme.		
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9. Methods of conducting classes			
Code	Category	Name (description)	
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>	
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>	
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>	
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>	
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>	
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>	
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>	

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	depending on the choice	30	course work	KS_01, U_01, U_02, W_01, W_02	a03, a05, b04, c07, d03, f01, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation	No

		<i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Open University Module
Module code		OMU-2023-SS-01-OG
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		The aim of the module is to extend the students' knowledge to include specialist content that goes beyond their degree programme and to inspire them to search for information on their own. The issues addressed are on the one hand meant to arouse curiosity, and, on the other hand, to indicate the usefulness of interdisciplinary knowledge in professional life as well as in social relations and interactions. They will be connected with current research results or with specialist professional experience. The module offers diverse forms of classes, involving in both innovative and professional ways of conveying knowledge, as well as interactive methods, inspiring students to actively participate in classes. The interdisciplinary assumptions of the module allow for the classes being taught by teachers representing various scientific disciplines, resulting in a multi-faceted presentation of the issues. In addition, the module can be taught in foreign languages. The student selects the subject matter of the classes from the submitted proposals.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
	Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)
	01	The student understands the relationship between humanities, social sciences, natural sciences, exact mathematical sciences, technical sciences and performing, visual and other arts.	OMU.2023_U01 OMU.2023_W01	3 3
	02	The student is able to combine information from various fields of knowledge, creating a coherent vision of an interdisciplinary issue.	OMU.2023_U01 OMU.2023_W01	3 3
	03	The student is able to search for necessary information in various types of sources and is able to critically select them.	OMU.2023_U01 OMU.2023_W01	3 3
	04	The student is able to move freely in the area of concepts pertaining to the issues discussed within the module, presented in detail in the relevant syllabuses.	OMU.2023_U01 OMU.2023_W01	3 3
	05	The student develops the need and the habit of accessing source information which goes beyond the content typical to the studied degree programme.	OMU.2023_K01 OMU.2023_U01	2 2

		OMU.2023_W01	2
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9. Methods of conducting classes		
Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
f01	Methods of self-learning	Self-education <i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	depending on the choice	30	course work	01, 02, 03, 04, 05	a03, a05, b04, c07, d03, f01, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the</i>	No

		<i>range of activities indicated in it as required for full participation in classes</i>	
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophical axiology
Module code		DFC1_AF
Number of the ECTS credits		6
Language of instruction		
Purpose and description of the content of education		Celem modułu jest zapoznanie osób studiujących z problematyką, stanowiskami oraz terminologią aksjologii filozoficznej, ukazanie jej znaczenia dla pogłębionego rozumienia funkcjonowania człowieka w wymiarze osobowym, społecznym i kulturowym. Praktycznym celem zajęć jest rozwinięcie umiejętności związanych z budowaniem filozoficznie pogłębionej refleksji nad sferą wartości, w tym posługiwania się w dyskusji odpowiednią terminologią, różnymi stanowiskami teoretycznymi i argumentami odnoszącymi się do zagadnienia statusu wartości, hierarchii oraz typologii wartości, identyfikowania związku wartości z różnymi wymiarami ludzkiego doświadczenia.
List of modules that must be completed before starting this module (if necessary)		[DFC1_E] Ethics [DFC1_FK] Philosophy of culture [DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1 [DFC1_FWPIS2] Philosophy. Selected problems and standpoints 2

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_AF_1	Zna terminologię, stanowiska i problematykę aksjologii filozoficznej.	DFC1_W09	5	
DFC1_AF_2	Potrafi prawidłowo posługiwać się pojęciami, argumentami i adekwatnie odnosić je do stanowisk z zakresu aksjologii filozoficznej.	DF1_U01 DF1_U04	3 3	
DFC1_AF_3	Zna idee i argumenty wybranych klasycznych autorów filozoficznych z zakresu aksjologii na podstawie samodzielnej lektury ich pism.	DF1_K02 DFC1_W09	4 4	
DFC1_AF_4	Potrafi dostrzegać związki między problematyką aksjologii filozoficznej a założeniami normatywnymi pracy coacha i doradcy filozoficznego.	DF1_K04 DF1_U02	3 5	
DFC1_AF_5	Potrafi w pracy coacha i doradcy filozoficznego wykorzystywać praktycznie dorobek aksjologii filozoficznej wskazując adekwatne obszary zastosowań.	DF1_U01	4	

9. Methods of conducting classes		
Code	Category	Name (description)
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_AF_ćw	practical classes	30	course work	DFC1_AF_3, DFC1_AF_4, DFC1_AF_5	b04, b07, f02
DFC1_AF_w	lecture	16	exam	DFC1_AF_1, DFC1_AF_2	a01, b01

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent</i>	No

		<i>elements of the curriculum (as preparation for class participation)</i>	
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophical counselling and coaching project
Module code		DFC1_PDFIC
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu przygotowanie do realizacji projektów, praktycznej znajomości etapów pracy projektowej, ról i dynamiki grupy projektowej oraz stylów zarządzania projektem. Osoby studiujące mają w praktyce, poprzez realizację konkretnego projektu, merytorycznie związanego z działalnością z zakresu doradztwa filozoficznego lub coachingu, poznać reguły pracy projektowej, rozwinąć umiejętność współpracy w zespole, zwiększyć świadomość własnej roli i umiejętności budowania prawidłowych interakcji z grupą.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_PDFIC_1	Zna zasady pracy w grupie projektowej i etapy realizacji projektu.	DFC1_W11	2	
DFC1_PDFIC_2	Zna i rozumie zasady prawidłowej komunikacji w grupie projektowej.	DFC1_W05	2	
DFC1_PDFIC_3	Potrafi komunikować się w grupie oraz odpowiedzialnie pełnić role wynikające z podziału zadań w projekcie.	DF1_K01 DF1_U06	2 2	
DFC1_PDFIC_4	Potrafi rozwijać samowiedzę przez udział w grupie projektowej, w tym rozpoznawać zasoby, wyciągać wnioski z doświadczeń, monitorować i ewaluować postępy i trudności.	DF1_K02 DFC1_U11	3 2	

9.	Methods of conducting classes		
Code	Category	Name (description)	
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative</i>	

		<i>analysis and evaluation of a selected phenomenon</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>
b10	Problem-solving methods	SWOT analysis <i>a method of analyzing a phenomenon/action/work of an institution, employed to organize information and solve problems; applied in strategic planning, project implementation or solving a business or organizational problem; a universal tool to be used in the initial stage of a strategic analysis which involves sorting information about a problem into four categories: strengths and weaknesses, opportunities and threats; SWOT analysis makes it possible to determine the factors in favour of a project and its chances for success, as well as eliminating or reducing negative factors and threats to the project at the stage of early diagnosis</i>
f03	Methods of self-learning	Conceptual work <i>a (mainly intellectual) activity carried out independently (or in a selected group) resulting in the creation of a concept, idea or project; creating a plan based on a vision; developing a general outline of a project; producing a simplified sketch of the variant versions of a procedure/product/work</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_PDFiC_war	workshop	30	course work	DFC1_PDFiC_1, DFC1_PDFiC_2, DFC1_PDFiC_3, DFC1_PDFiC_4	b07, b08, b10, f03

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>		No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>		Yes
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>		Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophical counselling workshop
Module code		DFC1_WDF
Number of the ECTS credits		4
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu rozwinięcie umiejętności praktycznego zastosowania wiedzy z dziedziny filozofii w profesjonalnych sesjach doradztwa filozoficznego. Ma pogłębić umiejętność stosowania wybranych metod filozoficznych w pracy ukierunkowanej na rozwijanie refleksyjnego podejścia do wyzwań życia i samorozwoju. Osoby studiujące doskonałą zdolność krytycznego namysłu nad własną praktyką, uczą się komunikować treści filozoficzne w sposób dostosowany do potrzeb odbiorcy, stosować różne perspektywy teoretyczne w prowadzeniu analizy problemu. Ponadto doskonałą umiejętność prawidłowego budowania relacji o charakterze wspierającym z poszanowaniem różnic światopoglądowych i zasad kodeksu etyki doradcy filozoficznego.
List of modules that must be completed before starting this module (if necessary)		[DFC1_E] Ethics [DFC1_FD] Philosophy of dialogue [DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1 [DFC1_FWPIS2] Philosophy. Selected problems and standpoints 2 [DFC1_LP] Practical logic [DFC1_PPP] Basics of psychopathology [DFC1_WDDF] Introduction to philosophical counselling

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_WDF_1	Potrafi komunikować treści filozoficzne w sposób dostosowany do odbiorcy w czasie sesji doradztwa filozoficznego.	DF1_U01 DF1_U09	5 5	
DFC1_WDF_2	Wykorzystuje wiedzę z różnych dziedzin filozofii w prowadzeniu sesji doradztwa filozoficznego.	DF1_U03 DFC1_W05	5 5	
DFC1_WDF_3	Umiejętnie buduje relacje o charakterze wspierającym oraz z szacunkiem traktuje usługobiorców doradztwa filozoficznego, w tym respektuje odmienności światopoglądowe.	DF1_K01 DF1_U07	5 5	
DFC1_WDF_4	Rozumie zasady etyki zawodowej doradcy filozoficznego i dba o budowanie etosu zawodowego oraz propagowanie idei doradztwa filozoficznego.	DF1_K01 DF1_K04	5 5	

		DFC1_U12	5
		DFC1_W07	5
DFC1_WDF_5	Potrafi refleksyjnie podchodzić do działań w roli doradcy filozoficznego oraz korzystać z form wsparcia rozpoznając granice własnych kompetencji.	DF1_K03	5
		DF1_U05	5
		DFC1_U11	5
DFC1_WDF_6	Potrafi w sposób przedsiębiorczy planować rozwój zawodowy związany z różnymi formami praktykowania filozofii.	DFC1_W10	5

9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_WDF_war	workshop	60	course work	DFC1_WDF_1, DFC1_WDF_2, DFC1_WDF_3, DFC1_WDF_4, DFC1_WDF_5, DFC1_WDF_6	b04, b07, b08, c06

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the</i>	No

		<i>range of activities indicated in it as required for full participation in classes</i>	
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophical models of education
Module code		DFC1_FMW
Number of the ECTS credits		4
Language of instruction		
Purpose and description of the content of education		Moduł ma celu zapoznanie osób studiujących z typowymi pojęciami, zagadnieniami i stanowiskami filozoficznymi stanowiącymi podstawy refleksji nad wychowaniem człowieka. Moduł prezentuje różne modele wychowania ukształtowane w dziejach filozofii wraz z fundamentalnymi kwestiami dotyczącymi celów, metod i zakresu kształtowania ludzkiego rozwoju. Odwołuje się do fundamentalnego pytania o zasadniczy sens bycia człowiekiem ukształtowanym, szczególnie w kontekście odniesień aksjologicznych, społecznych i antropologicznych. Podejmuje namysł nad kwestiami granic i warunków samopoznania, samorozwoju, czy antropotechniki w świetle normatywnych modeli przyświecających wychowaniu człowieka.
List of modules that must be completed before starting this module (if necessary)		[DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1 [DFC1_FWPIS2] Philosophy. Selected problems and standpoints 2

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_FMW_1	Zna terminologię, stanowiska i problemy właściwe dyscyplinie filozofii wychowania z uwzględnieniem perspektywy historycznej.	DFC1_W09	4	
DFC1_FMW_2	Potrafi dyskutować i krytycznie analizować argumenty w mowie i piśmie w odniesieniu do problemów filozofii wychowania.	DF1_K02	3	
		DF1_U04	4	
		DFC1_U14	4	
DFC1_FMW_3	Dostrzega i rozumie związki teorii i praktyki coachingu oraz doradztwa filozoficznego ze stanowiskami filozofii wychowania.	DFC1_W01	4	
		DFC1_W08	5	
DFC1_FMW_4	Potrafi korzystać z dorobku filozofii wychowania w proponowaniu modeli służących rozwojowi jednostek i grup.	DF1_K05	4	
		DF1_U01	4	
		DF1_U03	4	

9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_FMW_ćw	practical classes	30	course work	DFC1_FMW_2, DFC1_FMW_4	b04, b07, f02
DFC1_FMW_k	discussion classes	20	course work	DFC1_FMW_1, DFC1_FMW_3	b04, b07

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization	Verification / adjustment / discussion of syllabus provisions	Yes

	of classes	<i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophy of culture
Module code		DFC1_FK
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Moduł prezentuje zagadnienia z dziedziny filozofii kultury, w tym typowe pojęcia i stanowiska oraz przemiany historyczne problematyki. Celem jest ukazanie filozoficznego namysłu nad istotą kultury oraz indywidualnych oraz społecznych form aktywności kulturowej człowieka, problemu związków między kulturą a cywilizacją, w tym wpływu kultury na sposoby życia i samorozumienia człowieka. Podejmowane zagadnienia mają służyć zwiększeniu świadomości wielowymiarowości relacji człowieka i kultury oraz dostarczyć perspektyw teoretycznych służących ich interpretacji.
List of modules that must be completed before starting this module (if necessary)		[DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1 [DFC1_FWPIS2] Philosophy. Selected problems and standpoints 2

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_FK_1	Zna terminologię, stanowiska i problematykę filozofii kultury.	DFC1_W01 DFC1_W03	4 2	
DFC1_FK_2	Potrafi posługiwać się ujęciami teoretycznymi z dziedziny filozofii kultury w dyskusji popartej namysłem nad lekturami.	DF1_K01 DF1_U04 DFC1_U14	2 3 4	
DFC1_FK_3	Dostrzega praktyczne znaczenie wiedzy z zakresu filozofii kultury w obszarze doradztwa filozoficznego i coachingu.	DF1_U01 DFC1_U14 DFC1_W03	4 4 3	

9.	Methods of conducting classes		
	Code	Category	Name (description)
	a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>

b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_FK_ćw	practical classes	30	course work	DFC1_FK_2, DFC1_FK_3	b04, b07, f02
DFC1_FK_w	lecture	16	exam	DFC1_FK_1	a01, b01

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No

b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophy of dialogue
Module code		DFC1_FD
Number of the ECTS credits		4
Language of instruction		
Purpose and description of the content of education		Celem modułu jest zapoznanie z pojęciami, koncepcjami i metodami filozoficznymi zaliczanymi do szeroko pojętego nurtu dialogiki. Zakres tematyczny zajęć obejmuje dialogikę w ujęciu antycznym, współczesną filozofię spotkania oraz pokrewne jej stanowiska. Szczególnie uwypuklone zostają zagadnienia związane z tzw. dialogiem sokratejskim i przemianami jego postaci w dziejach, rola relacji Ja -Ty oraz filozoficzne ujęcia zagadnienia komunikacji.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_FD_1	Zna pojęcia i koncepcje filozofii dialogu oraz rozumie przemiany historyczne związane z funkcją dialogu w kulturze.	DFC1_W03	3	
		DFC1_W09	3	
		DFC1_W10	2	
DFC1_FD_2	Potrafi czytać i analizować teksty źródłowe z zakresu filozofii dialogu.	DF1_U04	2	
		DFC1_U14	3	
DFC1_FD_3	Potrafi identyfikować różne modele prowadzenia dialogu oraz dostrzegać ich zastosowania w praktyce doradztwa filozoficznego i coachingu.	DF1_U01	3	
		DF1_U03	2	
DFC1_FD_4	Potrafi odpowiedzialnie używać słów i rozumie znaczenie poszanowania słowa w pracy coacha lub doradcy filozoficznego.	DF1_K01	2	
		DFC1_W05	3	

9.	Methods of conducting classes		
	Code	Category	Name (description)
	b02	Problem-solving methods	Lecture-discussion <i>transmission of content involving interaction with the lecture audience; discussion of lecture-related issues is one of its</i>

		<i>elements or constitutes its follow-up</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_FD_c	practical classes	30	course work	DFC1_FD_2, DFC1_FD_3, DFC1_FD_4	b04, b07
DFC1_FD_k	discussion classes	16	course work	DFC1_FD_1	b02

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>		Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>		Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophy of man
Module code		DFC1_FC
Number of the ECTS credits		5
Language of instruction		
Purpose and description of the content of education		Moduł koncentruje się na prezentacji pojęć, teorii i problemów z zakresu filozofii człowieka. Filozofia człowieka prezentowana jest jako dziedzina podejmująca specyficzną problematykę, ukazaną w kontekście przemian historycznych namysłu filozoficznego nad człowiekiem, naturą ludzką, duchowością i cielesnością człowieka. Głównym celem modułu jest zapoznanie studentów z zagadnieniami swoistości bytu ludzkiego w kontekście świata przyrody. Przedmiotem analiz będzie m.in kwestia konstytucji podmiotowości, tożsamości osobowej, relacji człowieka ze światem biologicznym społecznym i kulturowym, z uwypukleniem współczesnych koncepcji antropologii filozoficznej.
List of modules that must be completed before starting this module (if necessary)		[DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1 [DFC1_FWPIS2] Philosophy. Selected problems and standpoints 2

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_FC_1	Zna typowe pojęcia, teorie i problematykę antropologii filozoficznej.	DFC1_W09	4	
DFC1_FC_2	Potrafi w dyskusji posługiwać się typowymi pojęciami, teoriami i argumentami, w tym na podstawie samodzielnej lektury dzieł z dziedziny filozofii człowieka.	DF1_U04	4	
		DFC1_W09	5	
DFC1_FC_3	Dostrzega związki między filozoficzną perspektywą rozumienia człowieka a ujęciami społecznymi, kulturowymi i biologicznymi.	DF1_U01	5	
		DFC1_W01	4	
DFC1_FC_4	Jest świadomy doniosłej roli problematyki antropologicznej w pracy doradcy filozoficznego i coacha, w tym konsekwencji praktycznych przyjmowanych założeń, teorii i rozstrzygnięć oraz możliwości stosowania wielu perspektyw interpretacyjnych w procesach prowadzonych z jednostkami lub grupami.	DF1_K01	3	
		DF1_U07	4	
		DF1_U08	5	

9.	Methods of conducting classes		
Code	Category	Name (description)	
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a</i>	

		<i>passive reception of the information provided</i>
b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_FC_ćw	practical classes	30	course work	DFC1_FC_2, DFC1_FC_4	b04, b07, f02
DFC1_FC_w	lecture	30	exam	DFC1_FC_1, DFC1_FC_3	a01, b01

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>		Yes
b01	Consulting the curriculum and the organization	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		No

	of classes		
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophy. Selected problems and standpoints 1
Module code		DFC1_FWPIS1
Number of the ECTS credits		6
Language of instruction		
Purpose and description of the content of education		Moduł przedstawia w aspekcie historycznym i systematycznym tematykę filozofii do czasów Kartezjusza. Szczególny nacisk położony jest na zagadnienia metafizyki, ontologii i teorii poznania. Moduł służy wykształceniu umiejętności krytycznego myślenia, ze szczególnym naciskiem na umiejętność uzasadniania określonego stanowiska oraz dostrzegania założeń szczegółowych problemów w postaci całościowej wizji bytu i struktury poznania. Ma wyrabiać umiejętność dokonywania wieloaspektowej analizy problemu, pogłębiać świadomość historycznego charakteru namysłu filozoficznego i wskazywać kontekst rozumienia współczesnej kultury.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_FWPIS1_1	Zna specyfikę filozofii na tle nauk, podstawowe dyscypliny badań filozoficznych oraz właściwe im pytania i problemy.	DFC1_W01 DFC1_W02	3 3	
DFC1_FWPIS1_2	Potrafi czytać teksty filozoficzne, posługiwać się terminologią filozoficzną oraz stawiać filozoficzne pytania i rekonstruować tok argumentacji.	DF1_K02 DF1_U10	3 3	
DFC1_FWPIS1_3	Potrafi zabierać głos w debacie z zachowaniem zasad akademickiej dyskusji, formułować opinie i podawać uzasadnienia na rzecz różnych stanowisk, przyjmować krytyczną postawę wobec poznawanych treści.	DFC1_U14	2	
DFC1_FWPIS1_4	Zna i rozumie pojęcia, problemy i stanowiska obejmujące zakres dziejów filozofii do Kartezjusza.	DFC1_W09	4	
DFC1_FWPIS1_5	Potrafi prezentować zdobytą wiedzę z zakresu filozofii w sposób ustny lub pisemny z użyciem języka dostosowanego do potrzeb odbiorcy.	DF1_U09	3	

9.	Methods of conducting classes		
	Code	Category	Name (description)
	a01	Lecture methods / expository methods	Formal lecture/ course-related lecture

		a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided
a05	Lecture methods / expository methods	Explanation/clarification explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course
b01	Problem-solving methods	Problem-based lecture an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution
b02	Problem-solving methods	Lecture-discussion transmission of content involving interaction with the lecture audience; discussion of lecture-related issues is one of its elements or constitutes its follow-up
b04	Problem-solving methods	Activating method – discussion / debate an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem
f02	Methods of self-learning	Individual work with a text searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_FWPIS1_c	practical classes	30	course work	DFC1_FWPIS1_2, DFC1_FWPIS1_3, DFC1_FWPIS1_5	a05, b04, f02
DFC1_FWPIS1_w	lecture	30	exam	DFC1_FWPIS1_1, DFC1_FWPIS1_4	a01, b01, b02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes	Yes
a02	Preparation for classes	Literature reading / analysis of source materials reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions	Yes

		<i>for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Philosophy. Selected problems and standpoints 2
Module code		DFC1_FWPIS2
Number of the ECTS credits		6
Language of instruction		
Purpose and description of the content of education		Moduł przedstawia w aspekcie historycznym i systematycznym tematykę filozofii od czasów Kartezjusza z uwzględnieniem aktualnego stanu debaty filozoficznej. Szczególny nacisk położony jest na zagadnienia metafizyki, ontologii i teorii poznania. Moduł służy wykształceniu umiejętności krytycznego myślenia, ze szczególnym naciskiem na umiejętność uzasadniania określonego stanowiska oraz dostrzegania założeń szczegółowych problemów w postaci całościowej wizji bytu i struktury poznania. Ma wyrabiać umiejętność dokonywania wieloaspektowej analizy problemu, pogłębiać świadomość historycznego charakteru namysłu filozoficznego i wskazywać kontekst rozumienia współczesnej kultury.
List of modules that must be completed before starting this module (if necessary)		[DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_FWPIS_1	Zna typową terminologię, stanowiska i problemy filozoficzne od czasów Kartezjusza po aktualne spory filozoficzne.	DFC1_W02	4	
		DFC1_W09	5	
DFC1_FWPIS_2	Umie analizować wybrane teksty źródłowe z zakresu filozofii pokartezjańskiej, rozumie terminologię i potrafi prawidłowo rekonstruować tok argumentacji.	DF1_U04	3	
DFC1_FWPIS_3	Potrafi prezentować wiedzę popartą lekturami filozoficznymi w zakresie związanym z treściami modułu.	DF1_U09	3	
DFC1_FWPIS_4	Potrafi dyskutować na temat zagadnień związanych z filozofią od czasów Kartezjusza, rekonstruować i formułować poprawnie argumenty w nawiązaniu do stanowisk filozoficznych.	DF1_U04	3	
		DFC1_U14	3	
DFC1_FWPIS_5	Potrafi przyjmować postawę krytyczną wobec poznawanych treści, dostrzegać związki między stanowiskami oraz praktycznymi konsekwencje przyjmowania określonych założeń filozoficznych.	DF1_K02	3	
		DFC1_W03	3	

9. Methods of conducting classes		
Code	Category	Name (description)
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_FWPIS2_c	practical classes	30	course work	DFC1_FWPIS_2, DFC1_FWPIS_3, DFC1_FWPIS_4	b04, b07, f02
DFC1_FWPIS2_w	lecture	30	exam	DFC1_FWPIS_1, DFC1_FWPIS_5	a01, b01

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills	No

		<i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Physical education
Module code		WF-2023
Number of the ECTS credits		0
Language of instruction		
Purpose and description of the content of education		Academic physical culture should be an integral and complementary part of the general educational program of the university. Physical culture consists of physical education, recreation, sport and tourism. The physical education module is the only area that creates the opportunity for implementing the body- and health-related values and provides a counterbalance to the mental workload of university students. It responds to the changing reality and to a large extent participates in the process of preparing the student for professional adult life as well as the life in the family and in the society. The aim of the classes in this/her module is to become familiar with and to learn the technical elements of the selected sports discipline. Also, to possibly consolidate the skills acquired at a previous stage of education. Thus, the student becomes equipped with the necessary knowledge about physical culture, its history and specific regulations. He/she becomes familiar with the organization of competitions and the recreational and tourist events. Through group cooperation and discipline, the classes develop self-esteem and instill life-long health-promoting attitudes.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
	Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)
	K01	The student observes the rules of "fair play" on the sports field and in everyday life. He/she promotes the social and cultural importance of sport and exercise and cultivates his/her own preferences related to physical culture.		
	U01	The student uses sports facilities and equipment in a safe way, practices the correct warm-up and, if necessary, implements appropriate safety measures when exercising.		
	U02	The student is able to properly analyze the level of their own physical fitness and motor skills.		
	U03	The student is able to cooperate in a group and assume various roles: creating and supporting the attitudes of others, following the instructions of the coach or the teacher, as well as competition, rivalry and responsibility.		
	W01	The student has knowledge pertaining to the impact of physical exercise on human health. He/she knows the body needs and the forms of physical activity needed to maintain health, as well as the consequences and risks associated with the lack of exercise.		
	W02	The student knows the rules and regulation, rules of the games and the history of the chosen form of exercise.		

9. Methods of conducting classes		
Code	Category	Name (description)
b03	Problem-solving methods	Activating method – educational games <i>learning content in the guise of a rule- and/or principle-based game; conducted in a deliberately arranged situation based on the description of relevant facts and processes; learners compete with one another within the framework of rules laid down by the academic teacher; varieties include simulation games – involving a simulation of real situations; decision games – based on the decision-making process and the recognition of the consequences of the decisions made (e.g., a decision tree); psychological games – increasing the emotional-volitional component of the participants' attitudes</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>
e05	Practical methods	Internship <i>including professional and individual training; gaining skills and experience in real-life conditions, e.g., in the environment, institution or workplace the student is preparing for by following a specific study programme; training in real working conditions</i>
e06	Practical methods	Observation <i>also conducted as fieldwork; a method of watching phenomena, objects or people in a systematic/planned way in order to gain knowledge about them; perceptual separation of elements of a model action as an element of learning through imitation; a complex system of cognition based on sensory experiences</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	practical classes	30	course work	K01, U01, U02, U03, W01, W02	b03, c06, e05, e06

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Practical logic
Module code		DFC1_LP
Number of the ECTS credits		5
Language of instruction		
Purpose and description of the content of education		Moduł ma za zadanie przedstawić logikę jako dyscyplinę filozoficzną, zaznajomić z typowymi pojęciami, problematyką oraz narzędziami logiki praktycznej. Moduł ma rozwijać umiejętności w zakresie poprawnego wnioskowania oraz jasnego wyrażania myśli, służy poznaniu metod i narzędzi użytecznych zarówno w komunikacji międzyludzkiej, jaki i w działalności naukowej.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module		
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)
DFC1_LP_1	Potrafi wykorzystać narzędzia logiczne w celu poprawnego formułowania myśli.	DF1_K02	3
		DF1_U04	3
DFC1_LP_2	Zna specyfikę oraz stosunek logiki do innych dyscyplin filozoficznych i nauk.	DFC1_W02	2
DFC1_LP_3	Zna pojęcia, narzędzia i reguły z zakresu logiki praktycznej.	DF1_U09	2
		DFC1_W09	3

9.	Methods of conducting classes		
	Code	Category	Name (description)
	a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
	a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
	b04	Problem-solving methods	Activating method – discussion / debate

		<i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_LP_c	practical classes	30	course work	DFC1_LP_1, DFC1_LP_3	a05, b04, c06
DFC1_LP_w	lecture	30	course work	DFC1_LP_2	a01

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	Yes
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	Yes
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Professional ethics of coaching and business ethics
Module code		DFC1_EZCIEB
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu zaprezentowanie wybranych zagadnień etyki szczegółowej, które współcześnie ujmuje się jako etykę stosowaną w sferze działalności gospodarczej ze szczególnym uwzględnieniem etyki zawodowej coacha. Wiedza etyczna o problemach, które pojawiają się w kontekście życia gospodarczego, działalności biznesowej i zawodowej wyznacza horyzont wrażliwości i odpowiedzialności moralnej osób w obszarze relacji społeczno-gospodarczych i zawodowych. Moduł ma na celu również kształtowanie umiejętności rozpoznawania, stawiania i rozwiązywania problemów etycznych w działalności gospodarczej i zawodowej, umiejętności stosowania wiedzy o społecznej odpowiedzialności firm (CSR) w programach etycznych, umiejętnością analizowania etycznych kodeksów czołowych organizacji branży coachingu.
List of modules that must be completed before starting this module (if necessary)		[DFC1_E] Ethics

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_EZCIEB_1	Ma wiedzę o etyce zawodowej i kodeksach etycznych czołowych organizacji branży coachingu.	DF1_K03	4	
		DF1_U05	4	
		DFC1_W06	4	
DFC1_EZCIEB_2	Zna terminologię, problematykę i stanowiska teoretyczne z zakresu etyki sfery gospodarczej.	DFC1_W10	2	
DFC1_EZCIEB_3	Potrafi analizować zawodowe kodeksy etyczne oraz przykładowe problemy i dylematy związane z funkcjonowaniem w branży coachingu.	DF1_K02	3	
		DF1_U04	3	
DFC1_EZCIEB_4	Potrafi zastosować wiedzę z etyki filozoficznej w celu interpretowania problemów związanych z moralną oceną działalności podmiotów gospodarczych oraz tworzeniem regulacji kodeksowych.	DF1_U01	3	
		DF1_U02	5	
DFC1_EZCIEB_5	Potrafi dostrzegać i planować perspektywy rozwijania własnej przedsiębiorczości w obszarach związanych zastosowaniami etyki w życiu społecznym, w tym tworzeniu branżowych kodeksów etycznych.	DF1_K05	4	
		DFC1_U13	3	

9. Methods of conducting classes		
Code	Category	Name (description)
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_EZCIEB_ćw	practical classes	30	course work	DFC1_EZCIEB_3, DFC1_EZCIEB_4, DFC1_EZCIEB_5	b04, b07, f02
DFC1_EZCIEB_w	lecture	16	exam	DFC1_EZCIEB_1, DFC1_EZCIEB_2	a01, b01

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills	No

		<i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Psychology in the management of teams
Module code		DFC1_PWZZ
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu zaprezentowanie zastosowań wiedzy psychologicznej w skutecznym zarządzaniu zespołami oraz rozwijanie umiejętności jej stosowania z uwzględnieniem różnych modeli organizacji. Studiujący uczą się jak współtworzyć pozytywne relacje w zespołach, motywować i wspierać, zarządzać konfliktami oraz indywidualnym i zespołowym potencjałem pracowników.
List of modules that must be completed before starting this module (if necessary)		[DFC1_PEIM] Psychology of emotions and motivation [DFC1_PO] General psychology [DFC1_PS] Social psychology

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_PWZZ_1	Ma wiedzę o psychologicznych aspektach związanych z zarządzaniem zespołami.	DFC1_W04	3	
		DFC1_W10	4	
		DFC1_W11	5	
DFC1_PWZZ_2	Docenia znaczenie kompetencji miękkich w funkcjonowaniu organizacji biznesowych.	DF1_K01	3	
		DFC1_W11	4	
DFC1_PWZZ_3	Potrafi w sposób przedsiębiorczy planować karierę związaną z pracą w sferze zarządzania i rozwoju zespołów pracowniczych.	DF1_K05	5	
		DF1_U03	4	
DFC1_PWZZ_4	Potrafi stosować wybrane koncepcje psychologiczne w obszarach związanych z funkcjonowaniem w zespołach i zarządzaniem zespołami, ze szczególnym uwzględnieniem aspektów związanych z prawidłową komunikacją, motywowaniem, zarządzaniem procesem, osiąganiem celów oraz wspieraniem rozwoju w oparciu o świadomość zasobów pracowników.	DF1_U06	4	
		DF1_U09	4	

9.	Methods of conducting classes		
	Code	Category	Name (description)
	b04	Problem-solving methods	Activating method – discussion / debate

		an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem
b07	Problem-solving methods	Activating methods: a case study a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_PWZZ_k	discussion classes	30	course work	DFC1_PWZZ_1, DFC1_PWZZ_2, DFC1_PWZZ_3, DFC1_PWZZ_4	b04, b07

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to</i>	Yes

		<i>optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Psychology of emotions and motivation
Module code		DFC1_PEIM
Number of the ECTS credits		5
Language of instruction		
Purpose and description of the content of education		Moduł zaznajamia osoby studiujące z terminologią, problematyką i modelami teoretycznymi z zakresu psychologii emocji i motywacji. Ma na celu przybliżenie definicji, typologii, funkcji emocji, koncepcji inteligencji emocjonalnej, a także problemów i perspektyw badawczych. Przedstawia teorie motywacji, mechanizmy motywacyjne oraz problemy i aktualny stan badań. Studiujący mają nauczyć się rozpoznawać rozmaite funkcje i wymiary związane z życiem emocjonalnym oraz procesami motywacji pod kątem zastosowań w coachingu i doradztwie filozoficznym.
List of modules that must be completed before starting this module (if necessary)		[DFC1_PO] General psychology [DFC1_PS] Social psychology

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_PEIM_1	Ma wiedzę o kwestiach terminologicznych, stanie badań i modelach wyjaśniających życie emocjonalne i procesy motywacyjne.	DFC1_W04 DFC1_W11	5 5	
DFC1_PEIM_2	Potrafi opisać specyfikę i prawidłowości związane z życiem emocjonalnym człowieka oraz jego związki z mechanizmami motywacyjnymi.	DF1_U01	4	
DFC1_PEIM_3	Jest świadomy emocjonalnie, w tym potrafi prawidłowo kontrolować, wyrażać i rozpoznawać emocje.	DFC1_U13	4	
DFC1_PEIM_4	Potrafi wykorzystać wiedzę o psychologicznych prawidłowościach związanych z motywacją w praktyce.	DF1_K01 DF1_U03	4 4	

9.	Methods of conducting classes		
	Code	Category	Name (description)
	a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
	b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution</i>

		<i>to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_PEIM_ćw	practical classes	30	course work	DFC1_PEIM_2, DFC1_PEIM_3, DFC1_PEIM_4	b04, b07, f02
DFC1_PEIM_w	lecture	20	course work	DFC1_PEIM_1	a01, b01

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>		Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		No
b02	Consulting the curriculum and the organization	Verification / adjustment / discussion of syllabus provisions		Yes

	of classes	<i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Scientific communication workshop
Module code		DFC1_WKN
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł ma za zadanie przygotowanie osób studiujących do trybu pracy właściwego dla procesu kształcenia na studiach. Studentki i studenci mają osiąść umiejętność odpowiedniego sporządzania notatek, przygotowywania i prezentowania referatów oraz pokazów multimedialnych, czytania i pisanie tekstów naukowych, sporządzania planów i konspektów, streszczania prac naukowych. Celem zajęć jest również przyzwyczajenie osób studiujących do samodzielnego zdobywania wiedzy, wyszukiwania informacji z różnych źródeł, oceny wartości źródeł, krytycznego korzystania z elektronicznych baz danych.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module		
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)
DFC1_WKN_1	Potrafi wyszukiwać, analizować, oceniać, selekcjonować i prawidłowo wykorzystywać informacje ze źródeł pisanych i elektronicznych.	DF1_K02 DF1_U10	3 2
DFC1_WKN_2	Zna zasady publikacji tekstu naukowego z dziedzin związanych z kierunkiem studiów.	DFC1_W02	2
DFC1_WKN_3	Umie korzystać z dorobku naukowego filozofii i psychologii w celu tworzenia pac pisemnych oraz innych form przekazu wiedzy związanych ze studiowanym kierunkiem.	DF1_K04 DF1_U09	2 2

9.	Methods of conducting classes		
	Code	Category	Name (description)
	a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
	b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction,</i>

		<i>presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
b09	Problem-solving methods	Activating method – flipped classroom <i>anticipatory learning; work in class is based on previously studied material indicated by the person teaching the course; preparation outside the classroom serves the purpose of getting familiar with the issues whose knowledge is necessary for participating in the in-class discussion and the training in the related practical skills; the activity is based on the work of students under the guidance of the person teaching the course</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_WKN_war	workshop	16	course work	DFC1_WKN_1, DFC1_WKN_2, DFC1_WKN_3	a05, b07, b09

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	Yes
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Social philosophy
Module code		DFC1_FS
Number of the ECTS credits		5
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu zaprezentowanie pojęć, teorii i problemów z dziedziny filozofii społecznej. Zaznajamia z fundamentalnymi analizami filozoficznymi problemu natury społeczeństwa, polityki, organizacji i reguł współżycia społecznego. Podejmuje problematykę sprawiedliwości, utopii, umowy społecznej, obywatelstwa, praw człowieka, władzy, potrzeb społecznych. Rozwija świadomość dotyczącą społecznej natury człowieka i stosunku między jednostką a społeczeństwem. Pogłębia zdolność rozumienia zjawisk społecznych i ich związku z teoriami filozofii społecznej.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_FS_1	Zna terminologię, problematykę i stanowiska filozofii społecznej z uwzględnieniem perspektywy historycznej.	DFC1_W09	4	
DFC1_FS_2	Potrafi argumentować w dyskusji na tematy odnoszące się do pojęć, stanowisk i problemów filozofii społecznej, w tym na podstawie samodzielnej lektury tekstów źródłowych.	DF1_K01	3	
		DF1_U04	4	
		DFC1_W09	3	
DFC1_FS_3	Rozumie związki między stanowiskami filozofii społecznej a współczesnymi problemami życia społecznego z uwzględnieniem perspektywy historycznej.	DFC1_U14	4	
DFC1_FS_4	Potrafi analizować społeczne uwarunkowania funkcjonowania człowieka w perspektywie zagadnień filozofii społecznej.	DF1_U01	3	
DFC1_FS_5	Ma świadomość odpowiedzialności związanej z pełnieniem ról zawodowych coacha oraz doradcy filozoficznego w kontekście filozoficznej interpretacji relacji jednostki ze społeczeństwem, funkcjonowania systemów społecznych oraz norm regulujących różne sfery życia społecznego.	DF1_K04	2	
		DF1_U02	3	

9.	Methods of conducting classes		
Code	Category	Name (description)	
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture	

		a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided
b01	Problem-solving methods	Problem-based lecture an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution
b04	Problem-solving methods	Activating method – discussion / debate an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem
b07	Problem-solving methods	Activating methods: a case study a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon
f02	Methods of self-learning	Individual work with a text searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_FS_ćw	practical classes	30	course work	DFC1_FS_2, DFC1_FS_4, DFC1_FS_5	b04, b07, f02
DFC1_FS_w	lecture	30	exam	DFC1_FS_1, DFC1_FS_3	a01, b01

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes		No
a02	Preparation for classes	Literature reading / analysis of source materials reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class		No
a03	Preparation for classes	Developing practical skills activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation		Yes

b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Social psychology
Module code		DFC1_PS
Number of the ECTS credits		5
Language of instruction		
Purpose and description of the content of education		Celem modułu jest zapoznanie studiujących z elementami współczesnej wiedzy psychologicznej wyjaśniającej społeczno-kulturowe uwarunkowania zachowania się człowieka. W szczególności analizowane są prawidłowości i bariery procesu komunikacji, atrakcyjność interpersonalna, konflikt w relacjach interpersonalnych i sposoby radzenia sobie z nimi. Omawiana jest również struktura oraz dynamika grup i więzi społecznych, jak też prawidłowości związane z pełnieniem ról społecznych.
List of modules that must be completed before starting this module (if necessary)		[DFC1_PO] General psychology

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_PS_1	Ma wiedzę z zakresu psychologicznych prawidłowości dotyczących społecznego funkcjonowania człowieka.	DFC1_W04 DFC1_W11	4 5	
DFC1_PS_2	Potrafi identyfikować i opisywać z użyciem pojęć oraz teorii z zakresu psychologii społecznej procesy dotyczące jednostek i grup.	DFC1_U14	3	
DFC1_PS_3	Potrafi w sposób świadomy wykorzystywać wiedzę psychologiczną w umiejętnym komunikowaniu się werbalnym i pozawerbalnym.	DF1_U09	4	
DFC1_PS_4	Potrafi dbać o relacje oraz konstruktywnie zarządzać konfliktem w grupie wykorzystując wiedzę z zakresu psychologii społecznej.	DF1_U07	3	
DFC1_PS_5	Ma świadomość znaczenia wiedzy z zakresu psychologii społecznej w kontaktach z usługobiorcami.	DF1_K04 DF1_U06	2 2	

9.	Methods of conducting classes		
Code		Category	Name (description)
a01		Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a</i>

		<i>passive reception of the information provided</i>
b03	Problem-solving methods	Activating method – educational games <i>learning content in the guise of a rule- and/or principle-based game; conducted in a deliberately arranged situation based on the description of relevant facts and processes; learners compete with one another within the framework of rules laid down by the academic teacher; varieties include simulation games – involving a simulation of real situations; decision games – based on the decision-making process and the recognition of the consequences of the decisions made (e.g., a decision tree); psychological games – increasing the emotional-volitional component of the participants' attitudes</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
b09	Problem-solving methods	Activating method – flipped classroom <i>anticipatory learning; work in class is based on previously studied material indicated by the person teaching the course; preparation outside the classroom serves the purpose of getting familiar with the issues whose knowledge is necessary for participating in the in-class discussion and the training in the related practical skills; the activity is based on the work of students under the guidance of the person teaching the course</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_PS_c	practical classes	30	course work	DFC1_PS_3, DFC1_PS_4	b03, b07, b09
DFC1_PS_w	lecture	30	exam	DFC1_PS_1, DFC1_PS_2, DFC1_PS_5	a01, b07

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		Yes
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>		Yes
c03	Preparation for verification of learning outcomes	Implementation of an individual or group assignment necessary for course/phase/ examination completion <i>a set of activities aimed at performing an assigned task, to be executed out of class, as an obligatory phase/element of the verification of the learning outcomes assigned to the course</i>		Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Specialised seminar 1
Module code		DFC1_SS1
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł Seminarium specjalistyczne 1 ma umożliwić osobom studiującym poznanie problematyki kluczowej dla specjalistycznych badań filozoficznych z uwagi na ich społeczne i kulturowe oddziaływanie. Celem modułu jest kształtowanie umiejętności samodzielnego stawiania problemów badawczych, a przede wszystkim – samodzielnego poszukiwania i selekcji źródeł, które umożliwiają umiejscowienie rozważanych kwestii w odpowiednim kontekście oraz ich wieloaspektową analizę.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_SS1_1	Ma wiedzę z zakresu specjalistycznych badań filozoficznych w perspektywie ich społecznego i kulturowego oddziaływania.	DFC1_W01 DFC1_W09	3 3	
DFC1_SS1_2	Potrafi samodzielnie stawiać problemy badawcze oraz samodzielnego poszukiwać i selekcjonować źródła w zakresie tematyki związanej ze specjalistycznymi badaniami filozoficznymi.	DF1_K03 DF1_U10	3 2	
DFC1_SS1_3	Potrafi dyskutować na temat specjalistycznych badań filozoficznych z użyciem prawidłowej terminologii.	DF1_U09	3	
DFC1_SS1_4	Docenia wagę specjalistycznych badań filozoficznych w perspektywie ich społecznego i kulturowego oddziaływania.	DF1_K03 DF1_U03	3 3	

9.	Methods of conducting classes		
Code	Category	Name (description)	
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree,</i>	

		conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem
b05	Problem-solving methods	Activating method – seminar / proseminar a seminar method; usually an oral presentation of a previously studied/diagnosed problem delivered on a forum; it aims at provoking a discussion concerning the results of research work; a type of conference, course or training session modelled on seminar classes
b07	Problem-solving methods	Activating methods: a case study a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SS1_s	seminar	30	course work	DFC1_SS1_1, DFC1_SS1_2, DFC1_SS1_3, DFC1_SS1_4	b04, b05, b07

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the</i>	Yes

		<i>pursued study programme</i>	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Specialised seminar 2
Module code		DFC1_SS2
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł Seminarium specjalistyczne 2 ma umożliwić osobom studiującym poszerzenie problematyki kluczowej dla specjalistycznych badań filozoficznych mających zastawanie w obszarach aplikacyjnych. Celem modułu jest rozwijanie umiejętności samodzielnego stawiania problemów badawczych, a przede wszystkim poszukiwania i selekcji źródeł, które umożliwiają umiejscowienie rozważanych kwestii w odpowiednim kontekście oraz ich wieloaspektową analizę.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_SS2_1	Ma zaawansowaną ma wiedzę z zakresu specjalistycznych badań filozoficznych mających zastawanie w obszarach aplikacyjnych.	DFC1_W03	4	
DFC1_SS2_2	Potrafi samodzielnie stawiać problemy badawcze oraz poszukiwać i selekcjonować źródła w zakresie tematyki związanej ze specjalistycznymi badaniami filozoficznymi z uwagi na ich znaczenie w kontekstach aplikacyjnych.	DF1_U01 DF1_U02	4 4	
DFC1_SS2_3	Potrafi komunikatywnie przekazywać treści dostosowując je do potrzeb odbiorcy w perspektywie aplikacyjnych zastosowań specjalistycznych badań filozoficznych.	DF1_U09	4	
DFC1_SS2_4	Docenia wagę specjalistycznych badań filozoficznych w perspektywie aplikacyjnej.	DF1_K04 DFC1_W03	3 3	

9.	Methods of conducting classes		
Code	Category	Name (description)	
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions</i>	

		<i>or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b05	Problem-solving methods	Activating method – seminar / proseminar <i>a seminar method; usually an oral presentation of a previously studied/diagnosed problem delivered on a forum; it aims at provoking a discussion concerning the results of research work; a type of conference, course or training session modelled on seminar classes</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SS2_s	seminar	30	course work	DFC1_SS2_1, DFC1_SS2_2, DFC1_SS2_3, DFC1_SS2_4	b04, b05, b07

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>		Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>		Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to</i>		Yes

		<i>optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Specialised seminar 3
Module code		DFC1_SS3
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł Seminarium specjalistyczne 3 ma na celu rozwinięcie znajomości problematyki kluczowej dla interdyscyplinarnych badań z pogranicza filozofii i psychologii mających zastawanie w obszarach aplikacyjnych. Celem modułu jest rozwijanie umiejętności samodzielnego stawiania problemów badawczych, a przede wszystkim poszukiwania i selekcji źródeł, które umożliwiają umiejscowienie rozważanych kwestii w odpowiednim kontekście oraz ich wieloaspektową analizę.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme		Level of competenc (scale 1-5)
DFC1_SS3_1	Ma wiedzę z zakresu problematyki kluczowej dla interdyscyplinarnych badań z pogranicza filozofii i psychologii mających zastawanie w obszarach aplikacyjnych.	DFC1_W01		4
		DFC1_W04		4
		DFC1_W11		4
DFC1_SS3_2	Potrafi samodzielnego stawiać problemy badawcze oraz poszukiwać i selekcjonować źródła w zakresie tematyki związanej z badaniami interdyscyplinarnymi z pogranicza filozofii i psychologii z uwagi na ich znaczenie w kontekstach aplikacyjnych.	DF1_K03		4
		DF1_U01		4
DFC1_SS3_3	Potrafi analizować problemy w perspektywie interdyscyplinarnej z wykorzystaniem wiedzy filozoficznej i psychologicznej.	DF1_U10		4
DFC1_SS3_4	Rozumie wagę interdyscyplinarnych badań w zastosowaniach wiedzy z dziedziny filozofii i psychologii w kontekstach praktycznych.	DF1_K02		4
		DFC1_W03		4

9.	Methods of conducting classes		
Code	Category	Name (description)	
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and</i>	

		<i>turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b05	Problem-solving methods	Activating method – seminar / proseminar <i>a seminar method; usually an oral presentation of a previously studied/diagnosed problem delivered on a forum; it aims at provoking a discussion concerning the results of research work; a type of conference, course or training session modelled on seminar classes</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SS3_s	seminar	30	course work	DFC1_SS3_1, DFC1_SS3_2, DFC1_SS3_3, DFC1_SS3_4	b04, b05, b07

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>		Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>		Yes
b03	Consulting the curriculum and the organization	Consulting the schedule		Yes

	of classes	<i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Specialised seminar 4
Module code		DFC1_SS4
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł Seminarium specjalistyczne 3 ma umożliwić osobom studiującym zaawansowaną znajomość problematyki kluczowej dla specjalistycznych badań związanych z przenikaniem się idei filozoficznych i psychologicznych mających zastosowanie w obszarach aplikacyjnych. Celem modułu jest spotęgowanie umiejętności dostrzegania problemów badawczych oraz ich implikacji praktycznych związanych z licznymi perspektywami i wymiarami rozwoju człowieka.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_SS4_1	Ma zaawansowaną wiedzę o specjalistycznych badaniach związanych z przenikaniem idei filozoficznych do nauk społecznych mających znaczenie aplikacyjne.	DFC1_W03 DFC1_W04	5 5	
DFC1_SS4_2	Potrafi integrować perspektywę psychologiczną i filozoficzną w badaniu problemów dotyczących wieloaspektowego oraz wielopoziomowego rozwoju człowieka.	DF1_K02 DF1_U08	5 5	
DFC1_SS4_3	Potrafi dyskutować o aplikacyjnym znaczeniu dorobku filozofii dla psychologii z użyciem prawidłowej terminologii i świadomości metodologicznych odrębności obu dyscyplin.	DF1_U04 DF1_U08	5 5	
DFC1_SS4_4	Docenia rolę integrowania różnych perspektyw badawczych w procesach wspierających rozwój jednostek i grup.	DF1_U06 DFC1_U14	5 5	

9.	Methods of conducting classes		
	Code	Category	Name (description)
	b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and</i>

		<i>turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b05	Problem-solving methods	Activating method – seminar / proseminar <i>a seminar method; usually an oral presentation of a previously studied/diagnosed problem delivered on a forum; it aims at provoking a discussion concerning the results of research work; a type of conference, course or training session modelled on seminar classes</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SS4_s	seminar	30	course work	DFC1_SS4_1, DFC1_SS4_2, DFC1_SS4_3, DFC1_SS4_4	b04, b05, b07

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>		Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>		Yes
b03	Consulting the curriculum and the organization	Consulting the schedule		Yes

	of classes	<i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Supervision of the coaching process
Module code		DFC1_SPC
Number of the ECTS credits		3
Language of instruction		
Purpose and description of the content of education		Moduł poświęcony jest superwizowaniu procesu coachingowego, który studiujący prowadzą samodzielnie z klientami spoza uczelni. Studiujący mają dzięki temu okazję do uczenia się prowadzenia pełnego procesu coachingowego w praktyce. Na zajęciach prowadzone są sesje superwizyjne w oparciu o nagrania, na które klienci wyrazili zgodę i zostały objęte specjalnym kontraktem, a także sesje interwizyjne (prowadzone przez samych studentów ze sobą nawzajem) z towarzyszeniem coacha-superwizora. Moduł ma na celu wykształcenie praktycznych umiejętności związanych prowadzeniem procesu coachingowego, który jest zgodny z wytycznymi czołowych organizacji branżowych w zakresie międzynarodowych standardów profesjonalnego świadczenia usług coachingowych, w tym zasadami etyki zawodowej.
List of modules that must be completed before starting this module (if necessary)		[DFC1_EZCIEB] Professional ethics of coaching and business ethics [DFC1_MINC1] Coaching methods and tools 1 [DFC1_MINC2] Coaching methods and tools 2 [DFC1_PPP] Basics of psychopathology [DFC1_TC] Theories of coaching

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_SPC_1	Ma wiedzę o zasadach prowadzenia profesjonalnego procesu coachingowego, w tym o prawidłowym kontraktowaniu usług, budowaniu relacji, standardach etycznych, poprawnej komunikacji, poszanowaniu i wzmacnianiu podmiotowości klienta, prawidłowym korzystaniu z metod, technik oraz narzędzi pracy coacha, ewaluacji usług, a także psychologicznych prawidłowościach związanych z charakterem procesu coachingowego.	DFC1_W05 DFC1_W06 DFC1_W08	5 5 5	
DFC1_SPC_2	Potrafi samodzielnie przeprowadzić proces coachingowy zgodny ze standardami profesjonalnymi.	DF1_U07 DFC1_U11 DFC1_U12	5 4 5	
DFC1_SPC_3	Docenia rolę superwizji w rozwoju profesjonalnym, w tym radzeniu sobie w trudnych sytuacjach w pracy coacha oraz rozumie znaczenie respektowania standardów profesjonalnych, w tym etyki zawodowej.	DF1_K01 DF1_K03	5 4	
DFC1_SPC_4	Potrafi w kontakcie z klientem zewnętrznym prawidłowo informować o specyfice coachingu, zakresie własnych kompetencji w roli coacha oraz dbać o pozytywny wizerunek społeczny profesjonalnego coachingu.	DF1_K01 DF1_K04	4 5	

		DF1_U05	5
DFC1_SPC_5	W sposób przedsiębiorczy podchodzi do projektowania rozwoju własnej kariery w branży usług coachingowych.	DF1_K05 DF1_U06	5 4

9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>
b10	Problem-solving methods	SWOT analysis <i>a method of analyzing a phenomenon/action/work of an institution, employed to organize information and solve problems; applied in strategic planning, project implementation or solving a business or organizational problem; a universal tool to be used in the initial stage of a strategic analysis which involves sorting information about a problem into four categories: strengths and weaknesses, opportunities and threats; SWOT analysis makes it possible to determine the factors in favour of a project and its chances for success, as well as eliminating or reducing negative factors and threats to the project at the stage of early diagnosis</i>
c03	Demonstration methods	Audio playback / audio drama <i>preparation and reproduction of sound material (audio recording) in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as a method of sound perception, including the appreciation of a musical piece, an artistic audio drama, an oral presentation of an artistic or scientific text as well as a media text; analysis of the sound material recorded on a carrier with a view to studying a sound-related phenomenon</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_SPC_war	workshop	60	course work	DFC1_SPC_1, DFC1_SPC_2, DFC1_SPC_3, DFC1_SPC_4,	b04, b07, b08, b10, c03, c06

			DFC1_SPC_5	
11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)	Is it part of the BUNA?	
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No	
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No	
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No	
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes	
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No	
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes	
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes	
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes	

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Theories of coaching
Module code		DFC1_TC
Number of the ECTS credits		4
Language of instruction		
Purpose and description of the content of education		Moduł Teorii coachingu przedstawia różne podejścia i nurty w ramach coachingu. Pokazuje zaplecze teoretyczne coachingu zaczerpnięte z różnych stanowisk psychologicznych, filozoficznych, pedagogicznych i in. Przedstawia definicje i podstawowe typy coachingu, powiązania coachingu ze sferami życia i działalności człowieka, w tym biznesu. Omawiane i analizowane są Kluczowe Kompetencje Coacha wg. Interenational Coach Federation oraz dobre praktyki w coachingu związane z budowaniem etosu profesjonalnego coacha. Osoby studiujące znają założenia teoretyczne i metody różnych podejść w ramach coachingu, poszerzają rozumienie struktury procesu coachingowego, warunków związanych z odpowiedzialnym świadczeniem usług coachingowych oraz perspektyw rozwijania przedsiębiorczości w branży coachingu. Rozwijają umiejętności związane z tworzeniem kontraktu coachingowego, nawiązywaniem współpracy, budowaniem relacji oraz radzeniem sobie w trudnych sytuacjach zawodowych.
List of modules that must be completed before starting this module (if necessary)		[DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1 [DFC1_MINC1] Coaching methods and tools 1 [DFC1_MINC2] Coaching methods and tools 2 [DFC1_PO] General psychology [DFC1_PS] Social psychology

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_TC_1	Zna różne podejścia i nurty w ramach coachingu w odniesieniu do ich teoretycznych podstawa w dyscyplinach społecznych i filozofii.	DFC1_W03 DFC1_W08	4 5	
DFC1_TC_2	Rozumie standardy branżowe określające warunki prowadzenia profesjonalnego coachingu i ich rolę w budowaniu etosu zawodowego oraz prawidłowego odbioru społecznego.	DF1_K01 DF1_K04 DFC1_W06	4 4 4	
DFC1_TC_3	Umie budować profesjonalne relacje w tym prawidłowo kontraktować usługi, w sposób komunikatywny przedstawiać specyfikę coachingu na tle innych postaci pracy rozwojowej i pomocowej.	DF1_U01 DF1_U07	4 4	
DFC1_TC_4	Potrafi radzić sobie w trudnych sytuacjach w pracy coacha, w tym takich, w których potrzebna jest pomoc innego specjalisty.	DF1_K03	4	

		DF1_U02	4
		DF1_U05	4
DFC1_TC_5	Rozumie celowościową strukturę przebiegu procesu coachingowego w relacji do niedyrektywnej metodyki pracy opartej na odkrywaniu zasobów klienta.	DF1_U06	4
		DF1_U08	3
		DFC1_W11	4
DFC1_TC_6	Potrafi w sposób przedsiębiorczy przygotowywać się do rozwijania własnej działalności usługowej związanej z coachingiem.	DF1_K05	3
		DFC1_U12	3
		DFC1_W10	4

9. Methods of conducting classes		
Code	Category	Name (description)
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture <i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_TC_ćw	practical classes	30	course work	DFC1_TC_3, DFC1_TC_4, DFC1_TC_5, DFC1_TC_6	b04, b07, f02
DFC1_TC_w	lecture	20	exam	DFC1_TC_1, DFC1_TC_2	a01, b01
11. The student's work, apart from participation in classes, includes in particular:					
Code	Category	Name (description)			Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>			No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>			No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>			No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>			Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>			No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>			Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>			Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>			Yes
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>			Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Translation of specialised texts of philosophical counselling and coaching
Module code		DFC1_TTSDFIC
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł ma na celu zaznajomić osoby studiujące z zagadnieniami związanymi z procesem translacji tekstu filozoficznego lub z zakresu badań nad coachingiem – z wybranego języka obcego na język polski. Moduł zaznajamia z zasadami publikacji profesjonalnego tekstu, jak również ze specyfiką odbiorców takiej publikacji oraz rozwija praktyczne umiejętności w zakresie poprawnej translacji tekstu naukowego. Moduł rozwija znajomość terminologii filozoficznej bądź psychologicznej w języku obcym, typowych zwrotów i wyrażań oraz uczy jak wpisać się w ewentualnie istniejącą już tradycję translatorską.
List of modules that must be completed before starting this module (if necessary)		[DFC1_E] Ethics [DFC1_FWPIS1] Philosophy. Selected problems and standpoints 1 [DFC1_FWPIS2] Philosophy. Selected problems and standpoints 2 [DFC1_PO] General psychology [DFC1_PS] Social psychology

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_TTSZDFIC_1	Zna terminologię filozoficzną oraz z wybranych dziedzin nauk społecznych w języku polskim oraz wybranym języku obcym.	DFC1_W05	3	
DFC1_TTSZDFIC_2	Potrafi samodzielnie przetłumaczyć z wybranego języka obcego na język polski tekst filozoficzny lub psychologiczny na poziomie B2.	DF1_U09	4	
DFC1_TTSZDFIC_3	Rozumienie zasady tworzenia różnego typu tekstów pisanych i ustnych wymagających wiedzy systemowej o języku w zakresie jego struktur gramatycznych, leksyki i fonetyki. Porozumiewa się w języku obcym z wykorzystaniem różnych kanałów i technik komunikacyjnych w zakresie właściwym dla danego obszaru wiedzy.	DF1_K04 DF1_U04 DFC1_W02	3 2 3	

9.	Methods of conducting classes		
	Code	Category	Name (description)
	b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and</i>

		<i>turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_TTSDFIC_war	workshop	16	course work	DFC1_TTSZDFIC_1, DFC1_TTSZDFIC_2, DFC1_TTSZDFIC_3	b04, b07, b08

11. The student's work, apart from participation in classes, includes in particular:				
Code	Category	Name (description)		Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>		No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>		No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>		No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>		Yes
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>		No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>		Yes

b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.

1.	Field of study	Philosophical Counseling and Coaching
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Workshop to improve coaching competencies
Module code		DFC1_WDKC
Number of the ECTS credits		2
Language of instruction		
Purpose and description of the content of education		Moduł służy rozwijaniu specyficznych kompetencji coacha związanych z prawidłowym budowaniem relacji, zarządzaniem czasem sesji i odpowiednim kontraktowaniem jej przebiegu oraz ewaluacją pracy własnej. Moduł ma na celu kształtowanie umiejętności związanych z uważnością, słuchaniem i zadawaniem pytań oraz stosowaniem specjalistycznych technik i narzędzi coachingowych. Celem modułu jest również uczenie refleksyjnego podejścia do praktyki, udzielania i integrowania informacji zwrotnych.
List of modules that must be completed before starting this module (if necessary)		[DFC1_MINC1] Coaching methods and tools 1 [DFC1_MINC2] Coaching methods and tools 2 [DFC1_PEIM] Psychology of emotions and motivation [DFC1_PO] General psychology [DFC1_PS] Social psychology [DFC1_TC] Theories of coaching

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
DFC1_WDKC_1	Potrafi refleksyjnie podchodzić do własnej pracy, w tym wykorzystywać informacje zwrotne w celu ewaluacji przebiegu sesji.	DF1_K01	4	
		DF1_K02	3	
		DF1_U02	4	
DFC1_WDKC_2	Potrafi stosować wiedzę z zakresu metodyki i etyki pracy coacha w czasie sesji.	DF1_U01	3	
		DFC1_U12	4	
DFC1_WDKC_3	Rozumie znaczenie ciągłego dbania o rozwój kompetencji coacha z uwzględnieniem integrowania informacji zwrotnych od superwizora i poddawania refleksji pracy własnej.	DF1_U05	4	
		DFC1_U13	3	
		DFC1_W10	4	

9. Methods of conducting classes		
Code	Category	Name (description)
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>
c06	Demonstration methods	Demonstration-imitation <i>a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
DFC1_WDKC_war	workshop	30	course work	DFC1_WDKC_1, DFC1_WDKC_2, DFC1_WDKC_3	b04, b07, b08, c06

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation</i>	Yes

		<i>of tasks resulting from or necessary for class participation</i>	
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
b03	Consulting the curriculum and the organization of classes	Consulting the schedule <i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes

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