

1.	Field of study	Pedagogy
2.	Faculty	Faculty of Fine Arts and Educational Science
3.	Academic year of entry	2020/2021 (winter term), 2021/2022 (winter term)
4.	Level of qualifications/degree	second-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

Module: Health education and promotion

Module code: 12-PE-S2-4PIPZ

1. Number of the ECTS credits: 1

2. Learning outcomes of the module			
code	description	learning outcomes of the programme	level of competence (scale 1-5)
_K_1	takes part in preparing preventive and educational-health projects and programmes, is characterized by the creative attitude to solving health and educational problems and by sensitivity and pedagogical culture, is aware of the level of his/her knowledge and skills concerning health education and promotion, understands the need of constant training, makes self-evaluation of his/her own competences and improves his/her skills, is convinced about the significance of professional conduct and following the principles of ethics of the health educationalist	K_K01 K_K02 K_K03	4 4 4
_U_1	understands and explains the reasons of civilization diseases, can use different sources of knowledge and develop his/her professional skills of designing strategies of educational-health activities, has the skill of presenting his/her own ideas, doubts and suggestions in a clear and precise way, providing due argumentation in the context of selected theoretical perspectives and standpoints of different authors, can join the existing (or create the own) prevention and health projects and programmes	K_U04 K_U09	4 4
_W_1	knows the contemporary philosophy of health and the concept of health promotion; understands and explains the reasons of civilization diseases and indicates the ways of preventing them, can specify basic principles of healthy lifestyle	K_W01 K_W11	4 4

3. Module description	
Description	The subject Health education and promotion aims at preparing students for the implementation of educational and health tasks in the work environment and for shaping pro-health, pro-social and pro-family attitudes among learners. The didactic contents should inspire future educationalists to healthy lifestyle and maintaining the harmony of mental, physical and social health.
Prerequisites	

4. Assessment of the learning outcomes of the module			
code	type	description	learning outcomes of the module
_w_1	test	checking the extent of familiarization with the contents of lectures and of understanding the discussed educational and health problems	_K_1, _U_1, _W_1

5. Forms of teaching						
code	form of teaching			required hours of student's own work		assessment of the learning outcomes of the module
	type	description (including teaching methods)	number of hours	description	number of hours	
_fs_1	lecture	lecture with the use of audiovisual aids	5	familiarization with the supplementary reading – the tasks of the National health Programme and the core curriculum at each educational stage	15	_w_1