

1.	Field of study	German Studies
2.	Faculty	Faculty of Humanities
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	second-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Psychologia
Module code		W1-FGS2-PS
Number of the ECTS credits		1
Language of instruction		Polish
Purpose and description of the content of education		Celem modułu jest przekazanie wiedzy, umiejętności i kompetencji społecznych z zakresu pojęć psychologii, procesu rozwoju ucznia w okresie wczesnej dorosłości, teorii spostrzegania społecznego i komunikacji, procesu uczenia się w tym wieku oraz zagadnienia autorefleksji i samorozwoju. Szczegółowe treści kształcenia zostały sformułowane w sylabusie przedmiotu psychologia- wykład dla właściwego semestru
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
K01	jest gotów do autorefleksji nad własnym rozwojem zawodowym. [B1.K1]	FG_K01 KN.2023_KS07	3 2	
U01	potrafi rozpoznawać bariery i trudności uczniów w procesie uczenia się [B1.U5]	FG_U01 KN.2023_U01	2 3	
U02	potrafi radzić sobie ze stresem i stosować strategie radzenia sobie z trudnościami. [B1.U7]	FG_U07 KN.2023_U18	2 2	
U03	potrafi zaplanować działania na rzecz rozwoju zawodowego na podstawie świadomej autorefleksji i informacji zwrotnej od innych osób. [B1.U8]	FG_U09 KN.2023_U18	3 2	
W01	zna i rozumie zagadnienia autorefleksji i samorozwoju: zasoby własne w pracy nauczyciela –identyfikacja i rozwój, indywidualne strategie radzenia sobie z trudnościami, stres i nauczycielskie wypalenie zawodowe. [B1.W5]	FG_W10 KN.2023_W03	2 4	

9.	Methods of conducting classes		
Code	Category	Name (description)	
a01	Lecture methods / expository methods	Formal lecture/ course-related lecture	

		<i>a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a passive reception of the information provided</i>
b01	Problem-solving methods	Problem-based lecture <i>an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution</i>
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
W1-FGS2-PS-W	lecture	15	exam	K01, U01, U02, U03, W01	a01, b01, b07

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.