

1.	Field of study	Psychology
2.	Faculty	Faculty of Social Sciences
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	long-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name	AP3: Anxiety Disorders and Impulse Control Disorders	
Module code	W3-PS-S-KiZ4	
Number of the ECTS credits	4	
Language of instruction		
Purpose and description of the content of education	Celem modułu jest dostarczenie praktycznych podstaw do pracy z pacjentami z zaburzeniami lękowymi i zaburzeniami kontroli impulsów oraz wstępne, merytoryczne przygotowanie studentek i studentów psychologii do specjalistycznej współpracy zawodowej z personelem medycznym w sytuacji pomocy człowiekowi ze zróżnicowanym poziomem tych zaburzeń. W ramach modułu studentki i studenci uczą się rozpoznawania i różnicowania zaburzeń lękowych i kontroli impulsów, zdobywają wiedzę na temat ich etiologii i patomechanizmu, zdobywają umiejętności z zakresu wykorzystywania informacji o stanie psychicznym i funkcjonowaniu człowieka we wcześniejszych okresach rozwojowych, ważnych dla aktualnej diagnozy, a także umiejętności udzielania osobie z zaburzeniem lękowym pomocy psychologicznej w ujęciu interdyscyplinarnym.	
List of modules that must be completed before starting this module (if necessary)	not applicable	

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
PS_K_2_10	Jest gotów do uznawania znaczenia i wykorzystywania wiedzy naukowej w procesie diagnozy i opisu zaburzeń psychicznych oraz do współpracy i zasięgania opinii innych specjalistów w praktycznej lub naukowej działalności psychologicznej	PS_K_2	3	
PS_K_3_9	Jest gotów do realizacji procesu pomocy psychologicznej zgodnie ze standardami, jakich oczekiwać można od osób wykonujących zawód zaufania publicznego	PS_K_3	3	
PS_U_3_13	Potrafi wykorzystać posiadaną wiedzę w procesie selekcji teorii psychologicznych, analizy i syntezy informacji, formowania tez wyjaśniających lub przewidujących zachowanie oraz projektowania i realizacji pomocy psychologicznej w odniesieniu do pacjentów z symptomami lękowymi i kontroli impulsów	PS_U_3	3	
PS_W_6_9	Zna i rozumie w pogłębionym stopniu istotę psychologii klinicznej i zdrowia, dysponując swobodnie aparatem pojęciowym oraz wiedzą teoretyczną i empiryczną konieczną do opisu i wyjaśniania funkcjonowania osób z zaburzeniami lękowymi i kontroli impulsów	PS_W_6	3	
PS_W_8_1	W pogłębionym stopniu zna i rozumie fundamentalne dylematy psychologii związane z posługiwaniem się pojęciami normy i patologii, funkcjonalności i dysfunkcjonalności, zdrowia i zaburzenia	PS_W_8	3	

9. Methods of conducting classes		
Code	Category	Name (description)
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
d02	Programmed learning methods	Working with a programmed textbook <i>working with a textbook containing instructional material covering part of or the entire curriculum of the module as well as a formula for studying the content; includes working with a subject textbook, an atlas, a catalogue, a problem book, etc.</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	practical classes	30	course work	PS_K_2_10, PS_K_3_9, PS_U_3_13, PS_W_6_9, PS_W_8_1	b07, b08, c07, d02, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	Yes
b01	Consulting the curriculum and the organization	Getting acquainted with the syllabus content	No

	of classes	<i>reading through the syllabus and getting acquainted with its content</i>	
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
c03	Preparation for verification of learning outcomes	Implementation of an individual or group assignment necessary for course/phase/ examination completion <i>a set of activities aimed at performing an assigned task, to be executed out of class, as an obligatory phase/element of the verification of the learning outcomes assigned to the course</i>	Yes
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes
d02	Consulting the results of the verification of learning outcomes	Development of a corrective action plan as well as supplementary/corrective tasks <i>reviewing and selecting tasks and activities enabling the elimination of errors indicated by the academic teacher, their verification or correction resulting in completing the task with at least the minimum passing grade</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.