

1.	Field of study	Special Education
2.	Faculty	Faculty of Social Sciences
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	long-cycle studies
5.	Degree profile	general academic
6.	Mode of study	part-time

7.	General information about the module	
Module name	Problems of adulthood of individuals with intellectual disabilities	
Module code	PS_NI_C4_PDNI	
Number of the ECTS credits	4	
Language of instruction	Polish	
Purpose and description of the content of education	Problemy dorosłości osób z niepełnosprawnością intelektualną to moduł, którego celem jest poznanie specyfiki funkcjonowania osób z niepełnosprawnością intelektualną w wieku dorosłym, z uwzględnieniem różnych obszarów dorosłego życia oraz osobowych i środowiskowych uwarunkowań. W ramach modułu omawiane będą zagadnienia związane z pełnieniem ról społecznych, formami mieszkalnictwa oraz zatrudnieniem. Treści modułu obejmować będą również problematykę seksualności osób z niepełnosprawnością intelektualną. Wszystkie efekty uczenia się zakładane w module planuje się osiągnąć podczas wykładów, ćwiczeń a także pracy własnej studenta, obejmującej studiowanie literatury przedmiotu oraz wymaganych zagadnień.	
List of modules that must be completed before starting this module (if necessary)	[PS_NI_E1_EiR] Education and rehabilitation of individuals with intellectual disabilities [PS_NI_E1_MA] Medical aspects of education and rehabilitation of individuals with intellectual disability [PS_C3_PS] Special education	

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
PS_NI_C4_PDNI_1	W zakresie wiedzy absolwent zna i rozumie potrzeby człowieka dorosłego z niepełnosprawnością: wspólne i swoiste potrzeby osób z niepełnosprawnościami w zakresie opieki, pielęgnacji i wsparcia, możliwości i ograniczenia w realizacji autonomii, potrzeby psychoseksualne osób z niepełnosprawnościami – formy realizacji, indywidualne i społeczne uwarunkowania problemu, potrzeby zdrowotne osób z niepełnosprawnościami, w tym w zakresie zdrowia seksualnego, oraz osobowe i strukturalne uwarunkowania ich realizacji.	KN3_W02	5	
PS_NI_C4_PDNI_2	W zakresie wiedzy absolwent zna i rozumie prawno-organizacyjne, środowiskowe i osobowe uwarunkowania aktywności zawodowej osób z niepełnosprawnościami, zakres, specyfikę i dynamikę zatrudniania osób z niepełnosprawnościami w Polsce i innych państwach, zagadnienie przeciwdziałania dyskryminacji osób z niepełnosprawnościami w sferze zatrudnienia.	KN3_W04	5	
PS_NI_C4_PDNI_3	W zakresie wiedzy absolwent zna i rozumie znaczenie udziału osób dorosłych z niepełnosprawnościami w życiu obywatelskim i projektowania przestrzeni informacyjnej i materialnej, z uwzględnieniem zróżnicowanych możliwości intelektualnych, sensorycznych i ruchowych odbiorców.	KN3_W05	5	
PS_NI_C4_PDNI_4	W zakresie umiejętności absolwent potrafi analizować własne działania pedagogiczne i wskazywać obszary wymagające modyfikacji oraz wdrażania działań innowacyjnych w pracy z dorosłymi i starszymi osobami z	KN3_U10	5	

	niepełnosprawnościami.		
PS_NI_C4 _PDNI_5	W zakresie kompetencji społecznych absolwent jest gotów do ciągłego poszerzania wiedzy w celu własnego rozwoju zawodowego.	KN3_K03 KN3_K05 KN3_K08	5 5 5

9. Methods of conducting classes		
Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
b03	Problem-solving methods	Activating method – educational games <i>learning content in the guise of a rule- and/or principle-based game; conducted in a deliberately arranged situation based on the description of relevant facts and processes; learners compete with one another within the framework of rules laid down by the academic teacher; varieties include simulation games – involving a simulation of real situations; decision games – based on the decision-making process and the recognition of the consequences of the decisions made (e.g., a decision tree); psychological games – increasing the emotional-volitional component of the participants' attitudes</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>
b10	Problem-solving methods	SWOT analysis <i>a method of analyzing a phenomenon/action/work of an institution, employed to organize information and solve problems; applied in strategic planning, project implementation or solving a business or organizational problem; a universal tool to be used in the initial stage of a strategic analysis which involves sorting information about a problem into four categories: strengths and weaknesses, opportunities and threats; SWOT analysis makes it possible to determine the factors in favour of a project and its chances for success, as well as eliminating or reducing negative factors and threats to the project at the stage of early diagnosis</i>
c02	Demonstration methods	Video show <i>reproducing a film or video material in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as an exercise in image perception; a film/video can be a work of art, an illustration (also technical illustration) of a content/phenomenon/object, a private record of an action, a media image, etc.</i>
d03	Programmed learning methods	Working with another teaching tool <i>e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools</i>
e04	Practical methods	Project scheduling <i>proceeding according to the steps proposed within a specific methodology for the completion of a task; e.g., identifying project objectives, determining the result, identifying strengths, limitations, opportunities and threats (SWOT), establishing a schedule of activities, assessing resources, establishing an implementation plan; the initial diagnosis; the reassessment of assumptions; the process of preparing the practical implementation of a project</i>
e06	Practical methods	Observation <i>also conducted as fieldwork; a method of watching phenomena, objects or people in a systematic/planned way in order to gain knowledge about them; perceptual separation of elements of a model action as an element of learning through imitation; a complex system of cognition based on sensory experiences</i>

f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>
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10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
PS_NI_C4_PDNI_fns1	practical classes	10	course work	PS_NI_C4_PDNI_1, PS_NI_C4_PDNI_2, PS_NI_C4_PDNI_3, PS_NI_C4_PDNI_4, PS_NI_C4_PDNI_5	a03, b03, b08, b10, c02, d03, e04, e06, f02

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a04	Preparation for classes	Consulting materials complementary to those indicated in the syllabus <i>agreeing on materials complementary to those indicated in the syllabus, supporting the implementation of tasks resulting from or necessary for class participation</i>	No
a05	Preparation for classes	Production/preparation of tools, materials or documentation necessary for class participation <i>developing, preparing and assessing the usefulness of tools and materials (e.g. aids, scenarios, research tools, equipment, etc.) to be employed in class or as an aid when preparing for classes</i>	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
c03	Preparation for verification of learning outcomes	Implementation of an individual or group assignment necessary for course/phase/ examination completion <i>a set of activities aimed at performing an assigned task, to be executed out of class, as an obligatory phase/element of the verification of the learning outcomes assigned to the course</i>	No