University of Silesia in Katowice

1.	Field of study	Pedagogy
2.	Faculty	Faculty of Fine Arts and Educational Science
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	part-time

7.	General information about the module	
Module name		Prevention and Health Promotion
Module code		W6-PE-SR-N1-PPZ
Number of the ECTS credits		3
Language of instruction		Polish
Purpose and description of the content of education		Moduł ma przygotować studentów do realizacji zadań profilaktyczno-zdrowotnych realizowanych przez instytucje wspomagające funkcjonowanie rodziny. Studenci, w oparciu o wiedzę medyczną i pedagogicznej oraz koncepcję promocji zdrowia, zapoznają się z praktycznymi rozwiązaniami profilaktyczno-zdrowotnymi.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	**Description**	**Learning outcomes of the programme**	**Level of competenc (scale 1-5)**
PE-SR-N1-PPZ_K_1	student/studentka jest gotów/gotowa do ciągłego dokształcania się w zakresie profilaktyki i promocji zdrowia, dokonywania samooceny własnych kompetencji i doskonalenia umiejętności oraz ma przekonanie o wadze zachowania się w sposób profesjonalny i przestrzegania zasad etyki pedagoga zdrowia	K_K01 K_K02 KN3_K01 KN3_K05	3 3 3 2
PE-SR-N1-PPZ_U_1	student/studentka potrafi przygotować projekty i programy profilaktyczno-zdrowotne, terapeutyczne zarówno w instytucjach, jak i środowisku otwartym oraz ma praktyczne umiejętności w zakresie diagnozowania sytuacji zdrowotno-społecznej dziecka, kultury zdrowotnej jego rodziny oraz całego środowiska wychowawczego	KN3_U02 KN3_U04 K_U01 K_U02	5 3 3 3
PE-SR-N1-PPZ_W_1	student/studentka zna i rozumie przyczyny chorób cywilizacyjnych oraz wskazuje sposoby ich zapobiegania, a także potrzeby biopsychospołeczne i problemy zdrowotne człowieka w poszczególnych etapach jego rozwoju; zna i rozumie uwarunkowania ekonomiczne i socjo-kultutowe kondycji zdrowotnej współczesnej rodziny oraz instytucje i organizacje w środowisku lokalnym wspierających rodzinę w sferze profilaktyczno-wychowawczej i zdrowotnej	KN3_W03 KN3_W05 K_W03	4 4 3
PE-SR-N1-PPZ_W_2	student/studentka zna i rozumie terminologię używaną w profilaktyce i pedagogice zdrowia oraz historię kształtowania się koncepcji promocji zdrowia w Polsce i na świecie, a także jej źródła; zna i rozumie współczesną filozofię zdrowia oraz istotę idei promocji zdrowia, cele i zadania profilaktyki i promocji zdrowia, modele i podstawowe zasady zdrowego stylu życia	KN3_W02 KN3_W11 K_W01	3 3 3

		K_W03	3

9.	Methods of conducting classes		

Code	Category	Name (description)
a05	Lecture methods / expository methods	**Explanation/clarification** *explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course*
b01	Problem-solving methods	**Problem-based lecture** *an analysis of a selected scientific or practical problem accompanied by its assessment and an attempt to provide a solution to the issues presented in the lecture as well as the indication of the consequences of the proposed solution*
b02	Problem-solving methods	**Lecture-discussion** *transmission of content involving interaction with the lecture audience; discussion of lecture-related issues is one of its elements or constitutes its follow-up*
b04	Problem-solving methods	**Activating method – discussion / debate** *an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem*
b10	Problem-solving methods	**SWOT analysis** *a method of analyzing a phenomenon/action/work of an institution, employed to organize information and solve problems; applied in strategic planning, project implementation or solving a business or organizational problem; a universal tool to be used in the initial stage of a strategic analysis which involves sorting information about a problem into four categories: strengths and weaknesses, opportunities and threats; SWOT analysis makes it possible to determine the factors in favour of a project and its chances for success, as well as eliminating or reducing negative factors and threats to the project at the stage of early diagnosis*
c07	Demonstration methods	**Screen presentation** *a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image*
d03	Programmed learning methods	**Working with another teaching tool** *e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools*
e04	Practical methods	**Project scheduling** *proceeding according to the steps proposed within a specific methodology for the completion of a task; e.g., identifying project objectives, determining the result, identifying strengths, limitations, opportunities and threats (SWOT), establishing a schedule of activities, assessing resources, establishing an implementation plan; the initial diagnosis; the reassessment of assumptions; the process of preparing the practical implementation of a project*
f02	Methods of self-learning	**Individual work with a text** *searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue*

10.	Forms of teaching					
Code	**Name**		**Number of hours**	**Assessment of the learning outcomes of the module**	**Learning outcomes of the module**	**Methods of conducting classes**
PE-SR-N1-PPZ_fns_1	lecture		7	course work	PE-SR-N1-PPZ_W_1, PE-SR-N1-PPZ_W_2	b01, b02, c07
PE-SR-N1-PPZ_fns_2	practical classes		7	course work	PE-SR-N1-PPZ_K_1, PE-SR-N1-PPZ_U_1	a05, b04, b10, c07, d03, e04, f02

11.	The student's work, apart from participation in classes, includes in particular:		
Code	**Category**	**Name (description)**	**Is it part of the BUNA?**
a02	Preparation for classes	Literature reading / analysis of source materials *reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class*	No
a05	Preparation for classes	Production/preparation of tools, materials or documentation necessary for class participation *developing, preparing and assessing the usefulness of tools and materials (e.g. aids, scenarios, research tools, equipment, etc.) to be employed in class or as an aid when preparing for classes*	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content *reading through the syllabus and getting acquainted with its content*	No
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes *devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.*	Yes
c03	Preparation for verification of learning outcomes	Implementation of an individual or group assignment necessary for course/phase/examination completion *a set of activities aimed at performing an assigned task, to be executed out of class, as an obligatory phase/element of the verification of the learning outcomes assigned to the course*	No
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes *reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes*	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: https://usosweb.us.edu.pl.