

1.	Field of study	Pedagogy
2.	Faculty	Faculty of Fine Arts and Educational Science
3.	Academic year of entry	2025/2026 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	part-time

7.	General information about the module	
Module name		Sexual and Reproductive Health
Module code		W6-PE-EZ-N1-ZSE
Number of the ECTS credits		2
Language of instruction		Polish
Purpose and description of the content of education		Moduł ma dostarczyć wiedzy z zakresu biologicznych, fizjologicznych, psychologicznych, społecznych a przede wszystkim pedagogicznych (edukacyjnych) aspektów seksualności człowieka. Przedmiot ma na celu przekazanie podstawowej wiedzy o rozwoju seksualnym człowieka i czynnikach go warunkujących, zdrowiu seksualnym i prokreacyjnym; o zachowaniach seksualnych w dzieciństwie; aktywności seksualnej młodzieży; ryzykownych zachowaniach seksualnych, problemach, zaburzeniach i chorobach dotyczących sfery seksualnej.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
PE-EZ-N1-ZSE_K_1	student/studentka jest gotowy/a do realizowania profilaktyki przemocy seksualnej oraz do pomocy dzieciom, których taka przemoc dotyka; kształtuje pozytywna postawę wobec własnego ciała i seksualności	K_K01	2	
		KN1_K01	2	
		KN1_K08_PPSP	3	
PE-EZ-N1-ZSE_U_1	student/studentka potrafi prawidłowo klasyfikować i reagować na seksualne zachowania dzieci; potrafi zdiagnozować zaburzenia rozwoju psychoseksualnego dzieci; potrafi zaplanować działania profilaktyczne, terapeutyczne wobec dzieci wykorzystywanych seksualnie; identyfikuje elementy seksualizacji oraz presji związanej z podjęciem aktywności seksualnej, a także miejsca, w których można uzyskać pomoc; identyfikuje zmiany dotyczące dojrzewania należące do normy medycznej, a także odbiegające od normy medycznej, w tym nieprawidłowości związane z miesiączkowaniem	KN1_U01	3	
		KN1_U04	3	
		KN1_U05	3	
		KN1_U21_PPSP	3	
		KN1_U22_PPSP	3	
PE-EZ-N1-ZSE_W_1	student/studentka zna i rozumie pojęcia: zdrowie seksualne, seksualność i omawia ich rolę w życiu człowieka; ma zaawansowany poziom wiedzy na temat etapów rozwoju seksualnego człowieka; zna objawy ekspresji seksualnej dziecka; wskazuje przyczyny powstawania masturbacji dziecięcej; charakteryzuje zaburzenia związane z rozwojem psychoseksualnym; wymienia stereotypy płciowe; klasyfikuje dysfunkcje seksualne, charakteryzuje ich etiologię oraz sposoby leczenia; zna i rozumie zasady higieny osobistej związanej ze zmianami okresu dojrzewania, higieny całego ciała, w tym narządów płciowych; wyjaśnia proces zapłodnienia; wymienia najważniejsze fakty dotyczące przebiegu	KN1_W04	3	
		KN1_W17_PPSP	4	
		KN1_W19_PPSP	4	

ciąży, porodu oraz opieki nad noworodkiem, a także charakteryzuje środki antykoncepcyjne

9. Methods of conducting classes

Code	Category	Name (description)
a03	Lecture methods / expository methods	Description <i>a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison</i>
a05	Lecture methods / expository methods	Explanation/clarification <i>explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course</i>
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>
c07	Demonstration methods	Screen presentation <i>a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image</i>
e04	Practical methods	Project scheduling <i>proceeding according to the steps proposed within a specific methodology for the completion of a task; e.g., identifying project objectives, determining the result, identifying strengths, limitations, opportunities and threats (SWOT), establishing a schedule of activities, assessing resources, establishing an implementation plan; the initial diagnosis; the reassessment of assumptions; the process of preparing the practical implementation of a project</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>

10. Forms of teaching

Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
PE-EZ-N1-ZSE_fns_1	practical classes	15	course work	PE-EZ-N1-ZSE_K_1, PE-EZ-N1-ZSE_U_1, PE-EZ-N1-ZSE_W_1	a03, a05, b04, c07, e04, f02

11. The student's work, apart from participation in classes, includes in particular:

Code	Category	Name (description)	Is it part of the BUNA?
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source</i>	No

		<i>materials to be used in class</i>	
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	Yes
b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c02	Preparation for verification of learning outcomes	Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i>	No
c03	Preparation for verification of learning outcomes	Implementation of an individual or group assignment necessary for course/phase/ examination completion <i>a set of activities aimed at performing an assigned task, to be executed out of class, as an obligatory phase/element of the verification of the learning outcomes assigned to the course</i>	No
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.