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|----|--------------------------------|----------------------------|
| 1. | <b>Field of study</b>          | <b>Art Therapy</b>         |
| 2. | Faculty                        | Faculty of Social Sciences |
| 3. | Academic year of entry         | 2024/2025 (winter term)    |
| 4. | Level of qualifications/degree | first-cycle studies        |
| 5. | Degree profile                 | general academic           |
| 6. | Mode of study                  | full-time                  |

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| <b>7. General information about the module</b>                                    |   |
| <b>Module name</b>  | <b>Participatory field internships - conducting art therapy classes 3</b>   |
| Module code   | S1_AR_PRTU_3  |
| Number of the ECTS credits  | 2   |
| Language of instruction   | Polish  |
| Purpose and description of the content of education                               | <p>Participatory internships are a continuation of previous field activities. They provide students with the opportunity to prepare for the role of an art therapist by designing and implementing - under the supervision of a practice supervisor (academic teacher) - classes for a selected age and problem group. The practice area will be educational, care, upbringing, rehabilitation, diagnostic and therapeutic facilities. The student improves methodological skills, using knowledge of the theoretical foundations of art therapy and previous experience gained during observation and participation in art therapy classes. It implements artistic projects taking into account the interdisciplinary combination of artistic media and, above all, applies them adequately to the needs and perceptual and performance capabilities of the participants. Students additionally learn cooperation, as classes are conducted in co-therapeutic pairs. They analyze the method and quality of establishing contact with participants and verify the accuracy of the methods and forms used. They also define their interpersonal resources, point out their strengths and isolate less satisfying areas that are worth developing.</p> <p>The final effect of the internship is an increase in the ability to prepare and conduct art therapy classes that are methodically correct, original and developing, the course of which activates, unites, and stimulates its participants creatively and emotionally.</p> |
| List of modules that must be completed before starting this module (if necessary) | not applicable  |

| <b>8. Learning outcomes of the module</b> |  |                                    |                                |
|---|--|------------------------------------|--------------------------------|
| Code                                      | Description  | Learning outcomes of the programme | Level of competenc (scale 1-5) |
| S1_AR_PRTU_3_01                           | The student has thorough knowledge of group processes and the specific functioning of participants in educational, educational and therapeutic activities.   | ART_W14                            | 1                              |
| S1_AR_PRTU_3_02                           | The student has comprehensive methodological skills, using knowledge of the theoretical and practical foundations of art therapy and studying the literature on the subject  | ART_U07                            | 1                              |
| S1_AR_PRTU_3_03                           | The student efficiently and reflectively analyzes and evaluates his or her own art therapy activities, is able to define his or her resources, strengths and isolate less satisfactory areas that are worth undertaking development work   | ART_U19                            | 1                              |
| S1_AR_PRTU_3_04                           | The student is prepared for active and reflective participation in groups and institutions that conduct artistic and therapeutic activities, is able to establish contact and build a therapeutic relationship understood as a key healing factor, correctly formulates the therapeutic contract and is able to refer to it. | ART_K07                            | 1                              |

| 9. Methods of conducting classes |                         |  |
|----------------------------------|-------------------------|--|
| Code                             | Category                | Name (description)   |
| b10                              | Problem-solving methods | SWOT analysis<br><i>a method of analyzing a phenomenon/action/work of an institution, employed to organize information and solve problems; applied in strategic planning, project implementation or solving a business or organizational problem; a universal tool to be used in the initial stage of a strategic analysis which involves sorting information about a problem into four categories: strengths and weaknesses, opportunities and threats; SWOT analysis makes it possible to determine the factors in favour of a project and its chances for success, as well as eliminating or reducing negative factors and threats to the project at the stage of early diagnosis</i> |
| c08                              | Demonstration methods   | Value-based methods – affective methods<br><i>methods of participating in exhibited moral, social, aesthetic and scientific values; activities evoking genuine emotional reactions to works/objects/actions; a method which activates an emotional response to the presented content, intensifies attention, depth of experience and a reflection on values</i>  |
| c09                              | Demonstration methods   | Value-based methods – expressive methods<br><i>methods of accessing value-related knowledge, experiencing values in emotion-laden activities; creating situations enabling the creation or reproduction of values as a way of self-expression combined with experiencing values (individually or in a group); actions, most often creative, involving an expressive and suggestive way of expressing emotions</i>  |
| e05                              | Practical methods       | Internship<br><i>including professional and individual training; gaining skills and experience in real-life conditions, e.g., in the environment, institution or workplace the student is preparing for by following a specific study programme; training in real working conditions</i>   |

| 10. Forms of teaching |            |                 |   |   |                               |
|-----------------------|------------|-----------------|---|---|-------------------------------|
| Code                  | Name       | Number of hours | Assessment of the learning outcomes of the module | Learning outcomes of the module   | Methods of conducting classes |
| S1_AR_PRTU_3          | internship | 30              | course work                                       | S1_AR_PRTU_3_01,<br>S1_AR_PRTU_3_02,<br>S1_AR_PRTU_3_03,<br>S1_AR_PRTU_3_04 | b10, c08, c09, e05            |

| 11. The student's work, apart from participation in classes, includes in particular: |   |  |                         |
|--|---|--|-------------------------|
| Code   | Category  | Name (description)   | Is it part of the BUNA? |
| a03  | Preparation for classes   | Developing practical skills<br><i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>  | Yes                     |
| b03  | Consulting the curriculum and the organization of classes       | Consulting the schedule<br><i>getting acquainted with the class schedule, possibly in the presence of the year tutor, in order to optimize participation in classes, including those supplementary to the core subjects listed in the pursued study programme</i>  | Yes                     |
| d01  | Consulting the results of the verification of learning outcomes | Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes<br><i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i> | Yes                     |

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|-----|---|--|-----|
| d03 | Consulting the results of the verification of learning outcomes | Review of internship documentation<br><i>an analysis of the portfolio of documentation obtained during internship, including professional internship, and other practical classes and studio sessions, as well as the documentation developed in order to obtain credit for such classes; verification of the description, necessary attachments, opinions and grades before submitting the portfolio for acceptance</i> | Yes |
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Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.