

1.	Field of study	Art Therapy
2.	Faculty	Faculty of Social Sciences
3.	Academic year of entry	2024/2025 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7. General information about the module	
Module name	Faculty 2 of Music
Module code	S1_AR_F2M
Number of the ECTS credits	2
Language of instruction	Polish
Purpose and description of the content of education	<p>Objective: Integration, deepening of musical knowledge and expanding it to include the issues of compositional techniques of new music, contemporary research on music, the role of music in film and the mutual influences of classical and popular music.</p> <p>Description of learning content - implemented in optional modules</p> <ol style="list-style-type: none"> 1. Selected trends in music of the 20th and 21st centuries (minimalism, sonorism, spectralism, aleatorism, etc.) – compositional techniques, aesthetics, music literature. Possibilities of using chosen pieces of musical literature in therapy or translating compositional techniques into therapeutic activities. 2. The aesthetics of music – the question of beauty and meaning in music in the context of music therapy 3. Neuroaesthetics – research findings on the "musical brain" and their significance for art and music therapy 4. Psychology of music – developing cognitive functions through music, the question of musical emotions 5. The role of music in film (illustrativeness, enhancing the expression, narration, symbolism, music as a character in a movie); sound effects; music videos; 6. Prominent figures of the music scene of the 20th and 21st centuries – the specificity of their work, biographical outline 7. Classical and popular music – mutual influences and their consequences.
List of modules that must be completed before starting this module (if necessary)	not applicable

8. Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)
AR_F2M_01	The student recognizes the need to constantly expand and deepen knowledge and integrate knowledge from various fields around specific issues	ART_K01	3
AR_F2M_02	Student dba o rozwój swoich kompetencji, w tym twórczego projektowania interwencji terapeutycznych w działaniach grupowych, podejmując współpracę z innymi	ART_K04	3
AR_F2M_03	The student is able to distinguish individual elements of music in songs and characterize them correctly using concepts from music theory	ART_U07	3
AR_F2M_04	The student is able to explain the essence of the composition technique used and propose therapeutic activities based	ART_U08	3

	on a given technique or using the characteristic features of works composed with a given technique		
AR_F2M_05	The student is able to propose therapeutic activities that develop the cognitive and emotional spheres based on conclusions from research in the field of music psychology	ART_U09	3
AR_F2M_06	The student is able to list the known trends in new music and characterize the compositional means and techniques used in them	ART_W01	2

9. Methods of conducting classes			
Code	Category	Name (description)	
b04	Problem-solving methods	Activating method – discussion / debate <i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i>	
b07	Problem-solving methods	Activating methods: a case study <i>a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon</i>	
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>	
c03	Demonstration methods	Audio playback / audio drama <i>preparation and reproduction of sound material (audio recording) in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as a method of sound perception, including the appreciation of a musical piece, an artistic audio drama, an oral presentation of an artistic or scientific text as well as a media text; analysis of the sound material recorded on a carrier with a view to studying a sound-related phenomenon</i>	
e03	Practical methods	Creation/production – creative workshop <i>an activity involving creating/producing a work/artifact based on the individual, creative effort of the participant; the creative workshop is characterized by the presence and openness which make it possible to access the essence of the work/peculiarity of the artifact at every stage of its creation/production</i>	
f03	Methods of self-learning	Conceptual work <i>a (mainly intellectual) activity carried out independently (or in a selected group) resulting in the creation of a concept, idea or project; creating a plan based on a vision; developing a general outline of a project; producing a simplified sketch of the variant versions of a procedure/product/work</i>	

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
ART_F2M_CW	practical classes	30	course work	AR_F2M_01, AR_F2M_02, AR_F2M_03, AR_F2M_04, AR_F2M_05, AR_F2M_06	b04, b07, b08, c03, e03, f03

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a05	Preparation for classes	Production/preparation of tools, materials or documentation necessary for class participation <i>developing, preparing and assessing the usefulness of tools and materials (e.g. aids, scenarios, research tools, equipment, etc.) to be employed in class or as an aid when preparing for classes</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
d02	Consulting the results of the verification of learning outcomes	Development of a corrective action plan as well as supplementary/corrective tasks <i>reviewing and selecting tasks and activities enabling the elimination of errors indicated by the academic teacher, their verification or correction resulting in completing the task with at least the minimum passing grade</i>	Yes
e01	Activities complementary to the classes	Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.