| 1. | Field of study                 | Art Therapy                                      |
|----|--------------------------------|--|
| 2. | Faculty                        | Faculty of Social Sciences                       |
| 3. | Academic year of entry         | 2024/2025 (winter term), 2025/2026 (winter term) |
| 4. | Level of qualifications/degree | first-cycle studies                              |
| 5. | Degree profile                 | general academic                                 |
| 6. | Mode of study                  | full-time  |

| 7. General information about t  | General information about the module  |  |  |
|---|---|--|--|
| Module name   | Developmental psychology  |  |  |
| Module code   | S1_AR_PR  |  |  |
| Number of the ECTS credits  | 3   |  |  |
| Language of instruction   | Polish  |  |  |
| Purpose and description of the content of education                               | Based on the concepts of human development learned in the course, the student knows the regularities governing this process. Knowledge of theories showing the development of individual areas of a person's intrapsychic and interpersonal functioning translates into understanding the complex process of growth and development, leading to building personal maturity. |  |  |
| List of modules that must be completed before starting this module (if necessary) | not applicable  |  |  |

| 8. Learning | outcomes of the module  |                                    |                                |
|-------------|---|------------------------------------|--------------------------------|
| Code        | Description   | Learning outcomes of the programme | Level of competent (scale 1-5) |
| AR_PR_01    | In the context of the learned theories describing the areas of functioning of a person within the framework of developmental psychology, the student is aware of the need to build his or her own personal maturity by improving both professional and personal competences.  | ART_K01                            | 1                              |
| AR_PR_02    | The student knows selected psychological and social concepts of man, describing in particular personality, emotional and social development. It combines the acquired theories with the dilemmas of contemporary functioning of a person and becomes familiar with the holistic process of developing personal maturity | ART_W08                            | 1                              |
| AR_PR_03    | The student has knowledge about human development in the life cycle, both in biological and psychological aspects. Has key knowledge of development in the following areas: cognitive, emotional, social, sexual, personality and their mutual correlations   | ART_W09                            | 4                              |
| AR_PR_04    | The student is able to observe and interpret social phenomena by relating them to his knowledge of developmental psychology. It synthesizes the acquired theories in the field of developmental psychology in order to more accurately understand people and their intrapsychic functioning                             | ART_U02                            | 4                              |

| 9.  | Methods of conducting classes |          |  |
|-----|-------------------------------|----------|--|
|     | Code                          | Category | Name (description)   |
| a01 |                               |          | Formal lecture/ course-related lecture a systematic course of study involving a synthetic presentation of an academic discipline; its implementation assumes a |

|     |                                      | passive reception of the information provided   |
|-----|--------------------------------------|---|
| a03 | Lecture methods / expository methods | Description a description of objects, phenomena, processes or people; it involves specifying the structure and characteristic features of the object, phenomenon, or process being described; it is usually accompanied by a demonstration of the described object or by its models, drawings, tables, charts, etc.; a description may take the form of an explanation, classification, justification or comparison   |
| a05 | Lecture methods / expository methods | Explanation/clarification explication involving the derivation of a predetermined theorem from other, already known ones, in the number of steps specified by the person teaching the course  |
| b02 | Problem-solving methods              | Lecture-discussion transmission of content involving interaction with the lecture audience; discussion of lecture-related issues is one of its elements or constitutes its follow-up  |
| b07 | Problem-solving methods              | Activating methods: a case study a comprehensive description of a phenomenon connected with the selected discipline; reflecting the reality, presenting the 'what', 'where' and 'how' of the phenomenon, i.e., all of its key aspects to be discussed in class; used as a reproduction, presentation, discussion or diagnosis of factors that shape the phenomenon or interact with it; an in-depth qualitative analysis and evaluation of a selected phenomenon  |
| c02 | Demonstration methods                | Video show reproducing a film or video material in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as an exercise in image perception; a film/video can be a work of art, an illustration (also technical illustration) of a content/phenomenon/object, a private record of an action, a media image, etc.  |
| c03 | Demonstration methods                | Audio playback / audio drama preparation and reproduction of sound material (audio recording) in its entirety or in fragments in order to illustrate the content taught in class, to submit it to analysis and evaluation or to use it as a method of sound perception, including the appreciation of a musical piece, an artistic audio drama, an oral presentation of an artistic or scientific text as well as a media text; analysis of the sound material recorded on a carrier with a view to studying a sound-related phenomenon |
| c06 | Demonstration methods                | Demonstration-imitation a presentation of a model way of performing specific activities accompanied by a commentary; it aims at triggering imitation activities in an individual or in a group of participants observing the activities of the person teaching the course until the right habit is formed through regular exercise; the demonstration-imitation method is combined with a physical practice of activities/behaviours  |
| c07 | Demonstration methods                | Screen presentation a presentation of synthetic image content using computer graphics, e.g., a series of slides or other multimedia forms, usually accompanied by a commentary; typical components of a screen presentation include text organized into bulleted points, charts, images and animations, sometimes sound effects or music; a multimedia illustration of course content presented in the form of a projected image  |
| d02 | Programmed learning methods          | Working with a programmed textbook working with a textbook containing instructional material covering part of or the entire curriculum of the module as well as a formula for studying the content; includes working with a subject textbook, an atlas, a catalogue, a problem book, etc.   |
| d03 | Programmed learning methods          | Working with another teaching tool e.g. using websites in any way or according to the rules set by the teacher; or making use of other subject-specific tools   |
| e06 | Practical methods                    | Observation also conducted as fieldwork; a method of watching phenomena, objects or people in a systematic/planned way in order to gain knowledge about them; perceptual separation of elements of a model action as an element of learning through imitation; a complex system of cognition based on sensory experiences   |

| e08 | Practice-as-research also conducted as fieldwork; an activity aimed at confronting the acquired theory with practice through its practical application; students situate themselves in the reality they observe, study and transform through the prism of the theory; the method of practical classes is dominated by the application of knowledge to solving practical tasks |
|-----|---|
| f02 | Individual work with a text searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue   |

| 1 | .0. Forms of teach | ning              |    |   |                                 |  |
|---|--------------------|-------------------|----|---|---------------------------------|--|
|   | Code Name          |                   |    | Assessment of the learning outcomes of the module | Learning outcomes of the module | Methods of conducting classes                    |
| , | S1_AR_PR_ĆW        | practical classes | 30 | course work                                       |                                 | a03, a05, b07, c06, c07, d02, d03, e06, e08, f02 |
| ( | S1_AR_PR_WY        | lecture           | 15 | exam  | AR_PR_02, AR_PR_03              | a01, a05, b02, c02, c03, c07                     |

| 11. The studen | The student's work, apart from participation in classes, includes in particular: |  |                         |  |
|----------------|--|--|-------------------------|--|
| Code           | Category   | Name (description)   | Is it part of the BUNA? |  |
| a02            | Preparation for classes  | Literature reading / analysis of source materials reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class  | No                      |  |
| a03            | Preparation for classes  | Developing practical skills activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)  | Yes                     |  |
| a05            | Preparation for classes  | Production/preparation of tools, materials or documentation necessary for class participation developing, preparing and assessing the usefulness of tools and materials (e.g. aids, scenarios, research tools, equipment, etc.) to be employed in class or as an aid when preparing for classes        | Yes                     |  |
| c03            | Preparation for verification of learning outcomes                                | Implementation of an individual or group assignment necessary for course/phase/examination completion a set of activities aimed at performing an assigned task, to be executed out of class, as an obligatory phase/element of the verification of the learning outcomes assigned to the course        | Yes                     |  |
| d01            | Consulting the results of the verification of learning outcomes                  | Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes | Yes                     |  |

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <a href="https://usosweb.us.edu.pl">https://usosweb.us.edu.pl</a>.