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| 1. | Field of study | Art Therapy |
| 2. | Faculty | Faculty of Social Sciences |
| 3. | Academic year of entry | 2024/2025 (winter term) |
| 4. | Level of qualifications/degree | first-cycle studies |
| 5. | Degree profile | general academic |
| 6. | Mode of study | full-time |

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| 7. General information about the module | |
| Module name | Theatre and drama - creative workshops (carried out in the Silesian Theatre) |
| Module code | S1_AR_TDWT |
| Number of the ECTS credits | 2 |
| Language of instruction | Polish |
| Purpose and description of the content of education | The subject is practical in nature and its aim is to familiarize students with the functions theater and drama. It provides knowledge about the essence of drama, theater techniques and basing techniques on role-playing and the ability to use them in upbringing, educational and preventive work. It shows a wide range of methods activating the body, facial expressions, gestures, movement, voice and working with props and stimulating emotional expression. It will also be important to teach the selection of forms and techniques drama and theater to a group of participants and acquiring improvisation skills, preparing etudes or performances. By participating in creative drama and theater activities, students will develop creativity, spontaneity and the tendency to transform the environment, and will also see the use of learned techniques and methods in education and upbringing. |
| List of modules that must be completed before starting this module (if necessary) | not applicable |

| 8. Learning outcomes of the module | | | |
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| Code | Description | Learning outcomes of the programme | Level of competenc (scale 1-5) |
| S1_AR_TDWT_01 | The student knows the origins of drama and the history of theater from antiquity to contemporary concepts, | ART_W02 | 2 |
| S1_AR_TDWT_02 | The student is able to determine the purposefulness and degree of usefulness of activities in the area of cultural, artistic-aesthetic and art therapy activities. | ART_U10 | 1 |
| S1_AR_TDWT_03 | The student works freely with her body and uses her voice as an instrument of expression and communication in artistic activities aimed at using the therapeutic potential of drawing, music, dance and movement | ART_U13 | 1 |

| 9. Methods of conducting classes | | |
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| Code | Category | Name (description) |
| b03 | Problem-solving methods | Activating method – educational games <i>learning content in the guise of a rule- and/or principle-based game; conducted in a deliberately arranged situation based on the description of relevant facts and processes; learners compete with one another within the framework of rules laid down by the academic teacher; varieties include simulation games – involving a simulation of real situations; decision games – based on the decision-making process and the recognition of the consequences of the decisions made (e.g., a decision</i> |

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| | | <i>tree); psychological games – increasing the emotional-volitional component of the participants' attitudes</i> |
| b04 | Problem-solving methods | <p>Activating method – discussion / debate</p> <p><i>an exchange of views supported by substantive arguments leading to a clash of different views, a compromise or the identification of common positions; it proceeds according to previously agreed-upon rules regarding the time, manner and turn-taking as well as the principles of civil discourse; a discussion is not a competition but aims at finding the best solutions or presenting different points of view; its varieties include brainstorming, Oxford-style debate, panel discussion, decision tree, conference discussion; a debate is an orderly dispute between supporters and opponents of a viewpoint, usually specialists in the field or pre-selected representatives of a group dealing with a common problem</i></p> |
| b06 | Problem-solving methods | <p>Activating method – staged drama/drama</p> <p><i>experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech, the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i></p> |
| c04 | Demonstration methods | <p>Drama performance</p> <p><i>an art workshop: preparation and performance of a dramatic piece or other work of theatrical art involving the participation of people acting out assigned roles; performing a play in front of an audience</i></p> |
| c08 | Demonstration methods | <p>Value-based methods – affective methods</p> <p><i>methods of participating in exhibited moral, social, aesthetic and scientific values; activities evoking genuine emotional reactions to works/objects/actions; a method which activates an emotional response to the presented content, intensifies attention, depth of experience and a reflection on values</i></p> |
| c09 | Demonstration methods | <p>Value-based methods – expressive methods</p> <p><i>methods of accessing value-related knowledge, experiencing values in emotion-laden activities; creating situations enabling the creation or reproduction of values as a way of self-expression combined with experiencing values (individually or in a group); actions, most often creative, involving an expressive and suggestive way of expressing emotions</i></p> |
| e02 | Practical methods | <p>Production exercise – workshop</p> <p><i>an activity involving the creation of an object/product according to the rules/principles/description provided by the academic teacher acting as the workshop master</i></p> |
| e03 | Practical methods | <p>Creation/production – creative workshop</p> <p><i>an activity involving creating/producing a work/artifact based on the individual, creative effort of the participant; the creative workshop is characterized by the presence and openness which make it possible to access the essence of the work/peculiarity of the artifact at every stage of its creation/production</i></p> |
| f01 | Methods of self-learning | <p>Self-education</p> <p><i>a method which involves independent acquisition of knowledge, skills and social competences, extending their scope and quality; complementary to the learning process taking place in class; taking on the task of developing and adjusting qualifications on one's own; self-study</i></p> |

| 10. Forms of teaching | | | | | |
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| Code | Name | Number of hours | Assessment of the learning outcomes of the module | Learning outcomes of the module | Methods of conducting classes |
| S1_AR_TDWT | practical classes | 30 | course work | S1_AR_TDWT_01, S1_AR_TDWT_02, S1_AR_TDWT_03 | b03, b04, b06, c04, c08, c09, e02, e03, f01 |

| 11. The student's work, apart from participation in classes, includes in particular: | | | |
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| Code | Category | Name (description) | Is it part of the BUNA? |
| c02 | Preparation for verification of learning outcomes | Studying the literature used in and the materials produced in class <i>exploring the studied content, inquiring, considering, assimilating, interpreting it, or organizing knowledge obtained from the literature, documentation, instructions, scenarios, etc., used in class as well as from the notes or other materials/artifacts made in class</i> | No |
| d01 | Consulting the results of the verification of learning outcomes | Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i> | Yes |
| e01 | Activities complementary to the classes | Undertaking, on one's own initiative and individually, activities aimed at expanding the scope or depth of the teaching content, also beyond the walls of the University <i>a set of activities undertaken independently and on the student's own initiative, aimed at expanding the depth and scope of knowledge and skills, their revision and repetition, retention or verification, also activities carried outside the university, e.g., in a culture promoting or educational institution, a laboratory, in the open air, etc.; also self-education</i> | No |

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.