

1.	Field of study	Art Therapy
2.	Faculty	Faculty of Social Sciences
3.	Academic year of entry	2024/2025 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7. General information about the module	
Module name	Proseminar with art therapy research methodology 1
Module code	S1_AR_PszM_1
Number of the ECTS credits	1
Language of instruction	Polish
Purpose and description of the content of education	The aim of the course is to prepare students to conduct their own scientific research in the therapeutic space, to provide knowledge on the construction of social and artistic research, taking into account key methods of collecting empirical data. In addition, it is planned to learn about the simplest methods of measuring the patient's characteristics subject to art therapy support. m.in issues related to the types of research and ethics in research devoted to therapy will be discussed; the approach to qualitative and quantitative investigations, the hermeneutic and phenomenological approaches in therapy; methodological construction of empirical investigations in the diagnostic and verification system (verification of the effectiveness of therapeutic measures). Tools for measuring/describing patient characteristics will also be presented. Attempts will be made to construct their own research plan.
List of modules that must be completed before starting this module (if necessary)	not applicable

8. Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)
AR_PszM_1_01	The student has knowledge of the process of conceptualizing research in the field of art therapy. The student knows the basic paradigms of social research and research in the arts sciences. Knows what are the methodological consequences of adopting a specific research strategy (idiographic/nomothetic) in the formulation of research problems, goals, methods and techniques of research. Understands the differences and specifics of quantitative and qualitative (individualizing) research, and knows the rules of using scientific texts.	ART_W15	2
AR_PszM_1_02	The student actively seeks and uses scientific texts in the field of art therapy or research in the field of art sciences with the intention of enriching their own skills and for the purpose of developing an exemplary, preliminary concept of research. It uses various sources, including ICT, for this purpose.	ART_U12	3
AR_PszM_1_03	The student demonstrates the ability to cooperate during activities included in the process of pilot/trial own research, as well as other planned forms of group activities as part of the course in question.	ART_K04	4

9. Methods of conducting classes		
Code	Category	Name (description)
b02	Problem-solving methods	Lecture-discussion <i>transmission of content involving interaction with the lecture audience; discussion of lecture-related issues is one of its elements or constitutes its follow-up</i>
b05	Problem-solving methods	Activating method – seminar / proseminar <i>a seminar method; usually an oral presentation of a previously studied/diagnosed problem delivered on a forum; it aims at provoking a discussion concerning the results of research work; a type of conference, course or training session modelled on seminar classes</i>
e04	Practical methods	Project scheduling <i>proceeding according to the steps proposed within a specific methodology for the completion of a task; e.g., identifying project objectives, determining the result, identifying strengths, limitations, opportunities and threats (SWOT), establishing a schedule of activities, assessing resources, establishing an implementation plan; the initial diagnosis; the reassessment of assumptions; the process of preparing the practical implementation of a project</i>
f02	Methods of self-learning	Individual work with a text <i>searching for and acquiring new information using textbooks and other written sources (including their digital versions); searching for texts, selecting fragments for analysis/interpretation, using other texts to solve a problem related to the studied issue</i>
f03	Methods of self-learning	Conceptual work <i>a (mainly intellectual) activity carried out independently (or in a selected group) resulting in the creation of a concept, idea or project; creating a plan based on a vision; developing a general outline of a project; producing a simplified sketch of the variant versions of a procedure/product/work</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
AR_PSzM_1_ĆW	proseminar	15	course work	AR_PSzM_1_01, AR_PSzM_1_02, AR_PSzM_1_03	b02, b05, e04, f02, f03

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a01	Preparation for classes	Search for materials and review activities necessary for class participation <i>reviewing literature, documentation, tools and materials as well as the specifics of the syllabus and the range of activities indicated in it as required for full participation in classes</i>	No
a02	Preparation for classes	Literature reading / analysis of source materials <i>reading the literature indicated in the syllabus; reviewing, organizing, analyzing and selecting source materials to be used in class</i>	No
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	Yes
b01	Consulting the curriculum and the organization	Getting acquainted with the syllabus content	Yes

	of classes	<i>reading through the syllabus and getting acquainted with its content</i>	
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.