

1.	Field of study	Social Work
2.	Faculty	Faculty of Social Sciences
3.	Academic year of entry	2023/2024 (winter term), 2024/2025 (winter term)
4.	Level of qualifications/degree	first-cycle studies
5.	Degree profile	general academic
6.	Mode of study	full-time

7.	General information about the module	
Module name		Interpersonal training
Module code		W3-SP-S1-TI
Number of the ECTS credits		1
Language of instruction		Polish
Purpose and description of the content of education		The interpersonal training module aims to increase students' self-awareness and self-knowledge of their intrapsychic and interpersonal functioning to improve social skills and competencies in the social work profession. The course aims to develop skills in effective interpersonal communication, the ability to undertake group cooperation, and realizing individual and group goals based on knowledge of interpersonal communication. The workshop work focused on the evaluation and development of own interpersonal competencies, and learning about the competencies required to perform the diverse professional roles of a social worker will form the basis for preparation for the social worker's professional career. The Social worker will form the basis for practice for active cooperation in teams, organizations and social welfare institutions. The course aims to develop interpersonal skills especially relevant to professional strengthening social work oriented towards empowering supported persons. The axiological functions of training are realized by creating conditions for forming attitudes towards socio-moral values are essential for raising the culture of cooperation and pro-social behaviour.
List of modules that must be completed before starting this module (if necessary)		not applicable

8.	Learning outcomes of the module			
Code	Description	Learning outcomes of the programme	Level of competenc (scale 1-5)	
K01	increases self-awareness and self-knowledge concerning one's own interpersonal and social competencies and areas of areas for development and improvement	PS1_K01 PS1_K04	4 2	
U01	develops interpersonal communication competencies and improves teamwork skills which are the basis for activities strengthening the autonomy of individuals, families and groups	PS1_U08 PS1_U09	3 2	
W01	develops knowledge of the intrapsychic properties and interpersonal competencies needed in the performance of the varied professional roles of a social worker determining the effectiveness of the process of empowerment of individuals, families and groups	PS1_W02 PS1_W03 PS1_W04 PS1_W08	3 3 3 3	

9. Methods of conducting classes		
Code	Category	Name (description)
b06	Problem-solving methods	Activating method – staged drama/drama <i>experiential learning; solving a problem by acting out a role; a.k.a. a role-playing method; role-players interpret their roles in an individual way; the identification with the role is achieved through the activation of the senses, imagination and speech, the stimulation of gesture and movement, etc.; the aim of drama is to experience situations, problems and events mediated by the role; staged drama is a role-playing method enriched with props and stage scenery illustrating a theme</i>
b08	Problem-solving methods	Activating method – peer learning <i>learning through the exchange of knowledge in a group/team/pair of students, i.e., in the so-called learning cell; a kind of mutual learning; an approach focused on student activity under the guidance of the person teaching the course; a learning situation where students with a similar level of experience learn from one another</i>
c05	Demonstration methods	Poster presentation <i>a visual presentation of a problem and its proposed solutions, created by the person teaching the course or by a student on a poster board showing one major element or a collection of several elements in a coherent graphic form</i>
c08	Demonstration methods	Value-based methods – affective methods <i>methods of participating in exhibited moral, social, aesthetic and scientific values; activities evoking genuine emotional reactions to works/objects/actions; a method which activates an emotional response to the presented content, intensifies attention, depth of experience and a reflection on values</i>
c09	Demonstration methods	Value-based methods – expressive methods <i>methods of accessing value-related knowledge, experiencing values in emotion-laden activities; creating situations enabling the creation or reproduction of values as a way of self-expression combined with experiencing values (individually or in a group); actions, most often creative, involving an expressive and suggestive way of expressing emotions</i>
e03	Practical methods	Creation/production – creative workshop <i>an activity involving creating/producing a work/artifact based on the individual, creative effort of the participant; the creative workshop is characterized by the presence and openness which make it possible to access the essence of the work/ peculiarity of the artifact at every stage of its creation/production</i>

10. Forms of teaching					
Code	Name	Number of hours	Assessment of the learning outcomes of the module	Learning outcomes of the module	Methods of conducting classes
01	workshop	15	course work	K01, U01, W01	b06, b08, c05, c08, c09, e03

11. The student's work, apart from participation in classes, includes in particular:			
Code	Category	Name (description)	Is it part of the BUNA?
a03	Preparation for classes	Developing practical skills <i>activities involving the repetition, refinement and consolidation of practical skills, including those developed during previous classes or new skills necessary for the implementation of subsequent elements of the curriculum (as preparation for class participation)</i>	No
a05	Preparation for classes	Production/preparation of tools, materials or documentation necessary for class participation <i>developing, preparing and assessing the usefulness of tools and materials (e.g. aids, scenarios, research tools, equipment, etc.) to be employed in class or as an aid when preparing for classes</i>	No
b01	Consulting the curriculum and the organization of classes	Getting acquainted with the syllabus content <i>reading through the syllabus and getting acquainted with its content</i>	No

b02	Consulting the curriculum and the organization of classes	Verification / adjustment / discussion of syllabus provisions <i>consulting the content of the syllabus, possibly in the presence of the year tutor or members of the class group, and, if necessary, reassessing the provisions concerning special conditions for class participation, e.g., space and time requirements, technical and other requirements, including conditions for participation in classes outside the walls of the university, classes organized in blocks, organized online, etc.</i>	Yes
c01	Preparation for verification of learning outcomes	Determining the stages of task implementation contributing to the verification of learning outcomes <i>devising a task implementation strategy embracing the division of content, the range of activities, implementation time and/or the method(s) of obtaining the necessary materials and tools, etc.</i>	Yes
c03	Preparation for verification of learning outcomes	Implementation of an individual or group assignment necessary for course/phase/ examination completion <i>a set of activities aimed at performing an assigned task, to be executed out of class, as an obligatory phase/element of the verification of the learning outcomes assigned to the course</i>	No
d01	Consulting the results of the verification of learning outcomes	Analysis of the corrective feedback provided by the academic teacher on the results of the verification of learning outcomes <i>reading through the academic teacher's comments, assessments and opinions on the implementation of the task aimed at checking the level of the achieved learning outcomes</i>	Yes

Information on the details of the module implementation in a given academic year can be found in the syllabus available in the USOS system: <https://usosweb.us.edu.pl>.